

BEFORE & AFTER CATALOG

**20
25**
HAIR

**ONE OF THE
HIGHEST RATED
MEDICAL BRANDS
IN TURKEY, WITH
AN AVERAGE
RATING OF 4.9
OUT OF 5**

IDEAL OF MED



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ABOUT IDEALOFMED



THE BEST HAIR TRANSPLANT DESTINATION IN TURKEY



IDEALOFMED

We're known for our exclusive Doctor participated Ideal ICE FUE Sapphire, the Ideal ICE Direct Hair Implant and the Ideal Combination Surgery. When you get your hair transplant at IdealofMeD in Istanbul you join thousands of happy patients each year. Book your free consultation today and become your ideal me.

[BOOK YOUR CONSULTATION](#)



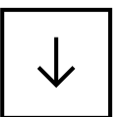
5 REASONS TO CHOOSE IDEALOFMED

- 1 Specializes in the needs of Western patients**
- 2 Among the highest-rated medical brands in the region (4.9/5.0)**
- 3 State-of-the-art medical facilities using cutting-edge methods**
- 4 Premium experience at affordable rates**
- 5 Regulated by the Ministry of Health and the Ministry of Tourism**



TOP RANKED MEDICAL DESTINATION IN TURKEY

TOP RANKED MEDICAL DESTINATION IN TURKEY



IdealOfMeD stands proudly as one of the highest-rated medical destinations in Turkey, as recognized by Google and Trustpilot, among many other independent rating institutions and sources.

“ **WDW B BV B B B**
D B B BV B B B B
BD B D D BV ”

Joshua Meyer, from Switzerland

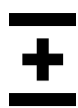
With a stellar reputation for quality care and exceptional results, IdealOfMeD has become a beacon of excellence in the industry. Whether you're seeking a life-changing hair transplant or top-tier dental treatments, our expert team is dedicated to delivering the highest standards of care.

At IdealOfMeD, we understand that choosing a medical partner is a significant decision. Rest assured, our outstanding ratings reflect our dedication to providing world-class care in a welcoming and professional environment.

THE BEST HAIR TRANSPLANT DESTINATION

BEFORE & AFTER



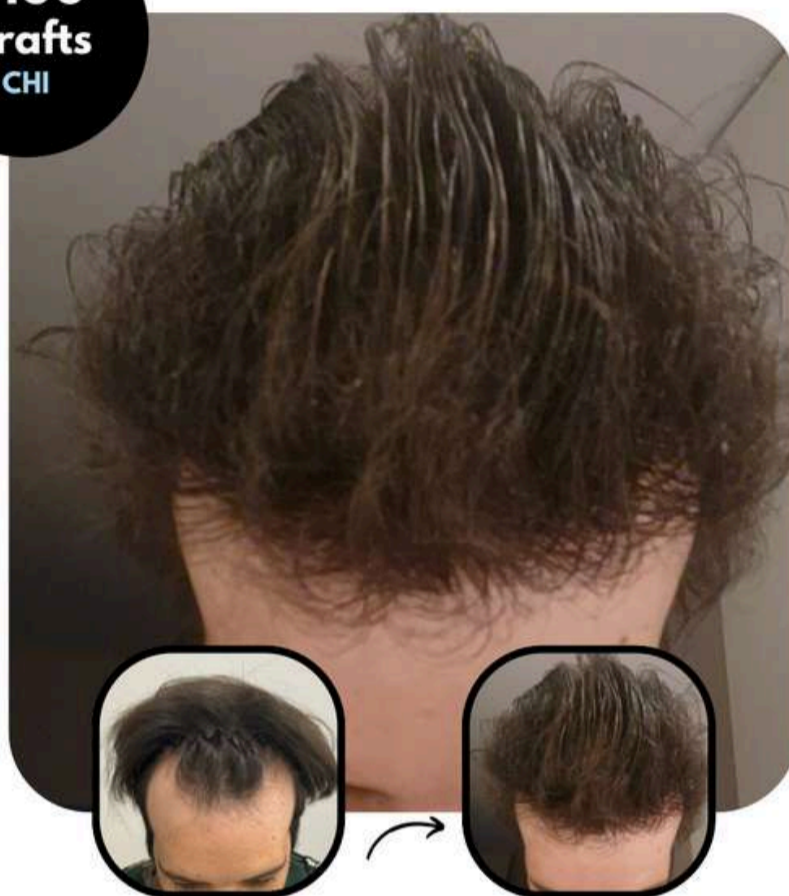


FUE METHOD

FUE is a minimally invasive technique where individual hair follicles are surgically extracted from a 'donor site' and implanted into the balding area on the scalp.

Unlike traditional methods, FUE leaves no linear scars and allows for a faster recovery.

**3100
Grafts
CHI**



**3600
Grafts
CHI**



At 12 months post-transplant, Mattheus's (above) results speak for themselves. With 3,100 grafts meticulously placed, his hair has reached its full potential, offering a thicker and healthier appearance. The once-thinning areas are now fully covered, giving him a revitalized and youthful look that perfectly complements his features.

Wei Liu's transformation (pictured above) at the 12-month mark is nothing short of outstanding. After receiving 3,600 grafts through the FUE method, his hair has grown in naturally and densely, restoring both volume and confidence.

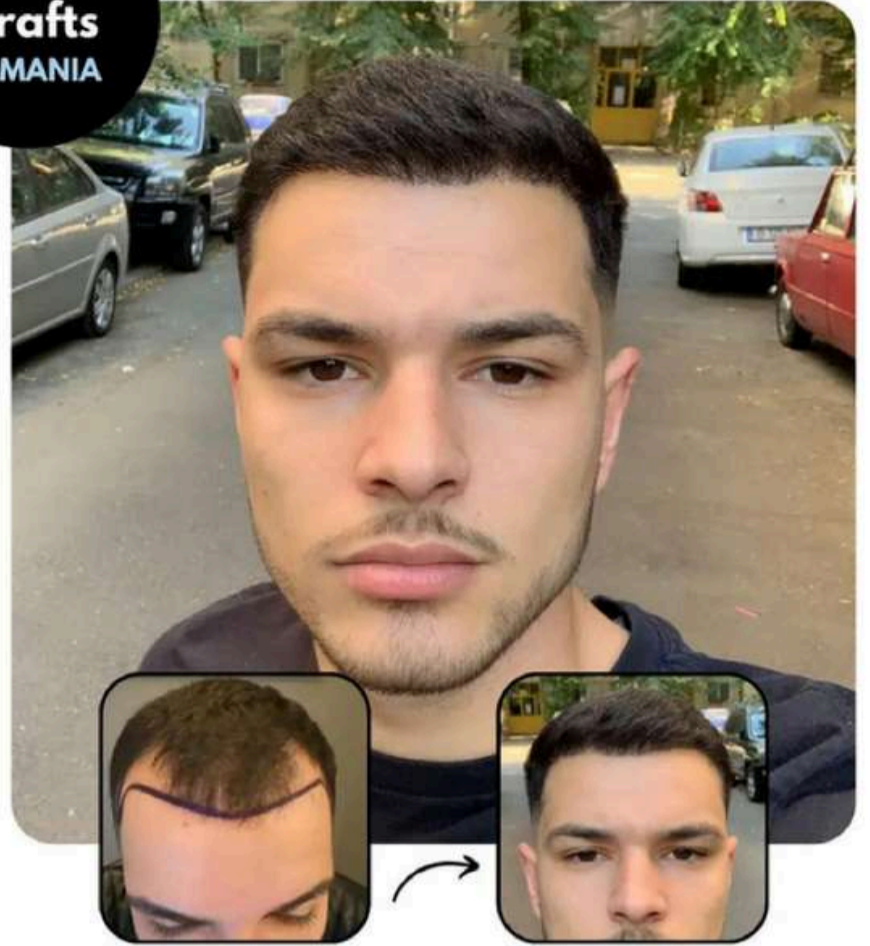
The transplanted strands have fully blended with his existing hair, creating a seamless, rejuvenated look that highlights the success of his procedure.



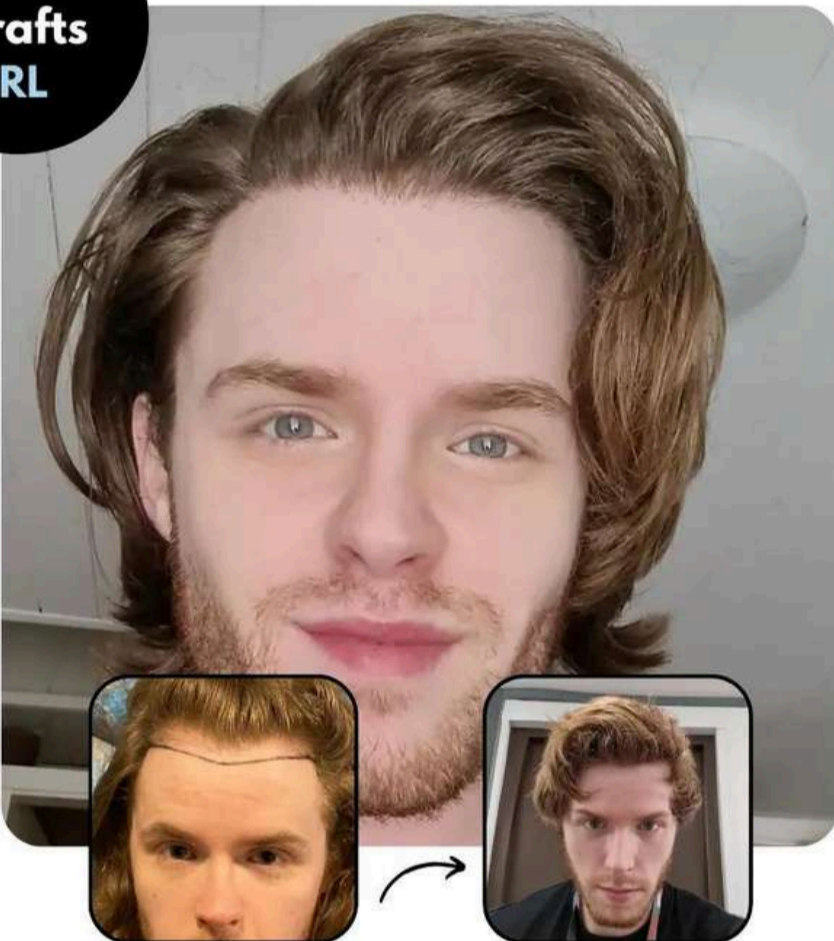
FUE METHOD RESULTS

The patient pictured on the right has achieved an impressive transformation just 12 months after undergoing an FUE hair transplant with 3,200 grafts. This critical milestone marks the culmination of the hair restoration journey, as the transplanted follicles have fully matured and integrated seamlessly with the natural hair.

**3200
Grafts
ROMANIA**



**2600
Grafts
IRL**



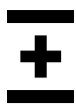
Twelve months after receiving 2,600 grafts through the FUE technique, the patient on the left now enjoys a full and natural-looking head of hair. At this stage, the new growth has reached its optimal length and density, blending perfectly with the existing strands. The once-thinning areas are now covered with thick, healthy hair, providing a balanced and rejuvenated appearance.

REJUVENATED STRANDS

Beyond this milestone, growth persists. Witness the ongoing evolution as hair continues to thicken and refine, promising an even more striking transformation. Graham's results, pictured on the right, are also 12 months following his hair transplant with IdealOfMeD.

**4000
Grafts
CHI**





**5100
Grafts
UK**



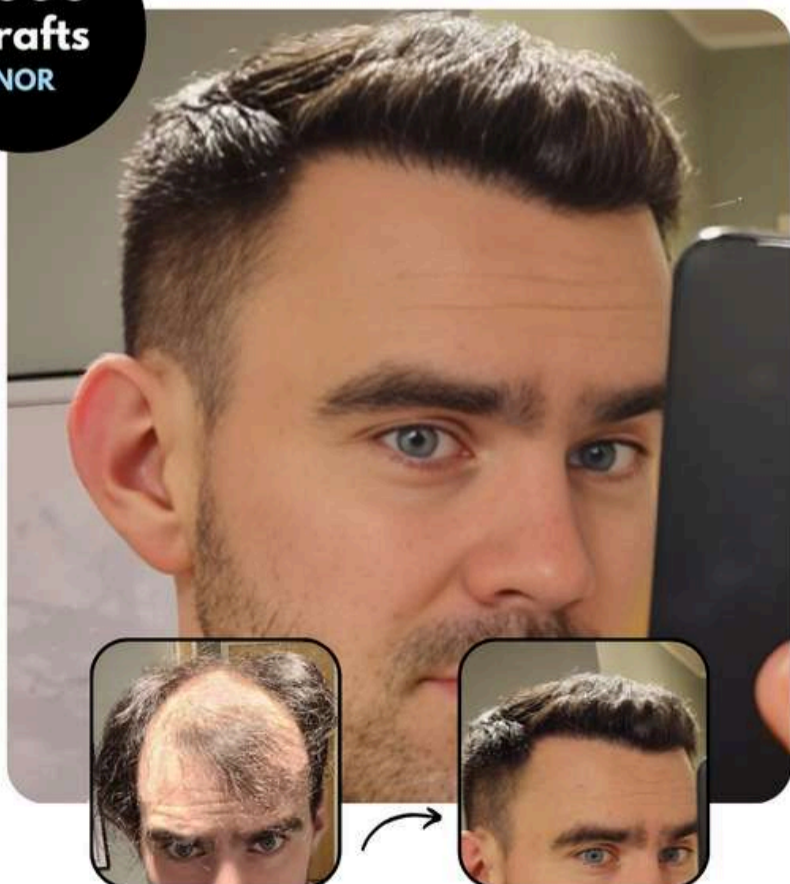
Alex, pictured on the left, and Blair, pictured below, have had incredible results 9 months after getting their FUE hair transplants. Alex had 5100 grafts implanted in one session, while Blair had 2450. At the 9-month stage, the increase in density and hair follicle quality is noticeable, and we are very happy with how natural our patients' results are.

We welcome patients from diverse corners of the world, each with their unique requests. Our team of hair transplantation specialists meticulously crafts personalized plans tailored to individual needs, taking into account natural hair characteristics and unique features to deliver optimal results. Also pictured on the right, the Afro hair transplant, as seen on Blair, is a specialized procedure designed specifically for individuals with Afro-textured hair.

**2450
Grafts
USA**



**5000
Grafts
NOR**



Meet Endre, captured on the left, who journeyed from Norway to Istanbul for our specialized FUE hair transplant. It's been an incredible 5 months since his surgery, during which 5000 grafts were transplanted. Witness Endre's remarkable transformation and renewed confidence, a testament to the exceptional results achieved at IdealofMeD.



**2850
Grafts
TURKEY**



Allow us to introduce Mesut, featured on the left, our very own Hair Restoration Specialist. Mesut embarked on his own hair restoration journey with an FUE Hair Transplant procedure, where an impressive 2850 grafts were transplanted, particularly around his hairline. Pictured one year post-surgery, Mesut's progress is truly remarkable. His fantastic results are a testament to the exceptional care and expertise found here at IdealofMeD. Looking good, Mesut!

On the right, introducing Hanqi Liu from China, aged 30, who entrusted us with his FUE hair transplant procedure. With 4100 grafts transplanted, Hanqi's progress at just 8 months post-surgery is outstanding. His transformation reflects the effectiveness of our FUE technique, delivering natural-looking results and renewed confidence.

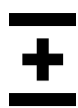
**4100
Grafts
CHI**



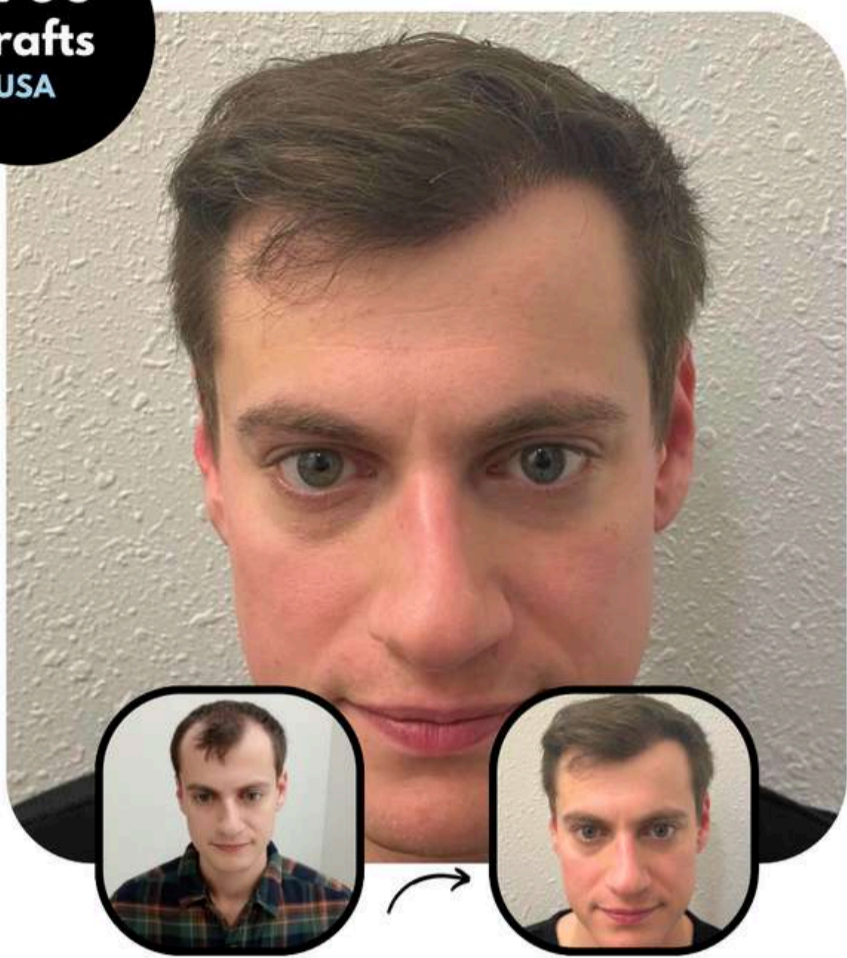
**3000
Grafts
USA**



Saleh, pictured on the left, came from the USA to have 3000 grafts transplanted. He sent us this after picture, 10 months after getting his FUE Hair Transplant Surgery, and we couldn't be prouder of his amazing progress.



4900
Grafts
USA



PATIENTS FROM ALL OVER THE WORLD

Ethan, pictured above, and Ryan, pictured on the right, have achieved remarkable results 12 and 15 months (respectively) after their combination hair transplants. At these stages, the improvement in hair density and follicle quality is evident, delivering incredibly natural results.

4625
Grafts
BEL



MIXED METHOD

Our trademark IdealofMed **FUE/DHI combination treatment** ensures natural-looking, evenly distributed hair. This exclusive procedure combines FUE and DHI methods in a single surgery. IdealofMed's combination hair treatment is ideal for those dealing with both balding and thinning hair, offering exceptional results with comfort in mind.

4500
Grafts
USA



Gary, pictured on the left, traveled from Belgium to Istanbul for a mixed hair transplant with us. This is his progress one year after his surgery, which involved the transplantation of 4,625 grafts.



**4500
Grafts
CAN**



PATIENTS FROM ALL OVER THE WORLD

Woodrow, pictured above, and John, pictured on the right, have had incredible results 12 and 15 months (respectively) after getting their combination hair transplants.

At these stages, the increase in density and hair follicle quality is noticeable, and the results are very natural.

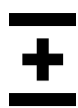
**3000
Grafts
UK**



**4500
Grafts
CAN**



Sepehr, pictured on the left, flew to Istanbul all the way from Canada to have a mixed hair transplant with us. This is his progress one year after his surgery, which involved the transplantation of 4500 grafts



MIXED METHOD RESULTS

**4500
Grafts
AUS**



Meet Angelo from Australia, aged 42, who opted for a mixed hair transplant with us.

Angelo underwent a successful procedure with 4500 grafts transplanted, and now at month 9, his results are truly impressive.

Jack, pictured on the right, comes from Canada, is 34 years old, and recently underwent a mixed hair transplant with us.

Jack's procedure involved 3800 grafts, and at just 5 months post-surgery, his progress is remarkable.

**3800
Grafts
CAN**



Like Jack, D'arcy came to us from Canada, and also opted for a combination hair transplant with us. D'arcy's procedure involved 5600 grafts, and his results at the 12th month stage are truly impressive.

By choosing the mixed approach, D'arcy showcases the effectiveness of our treatments at IdealofMeD.

**5600
Grafts
CAN**

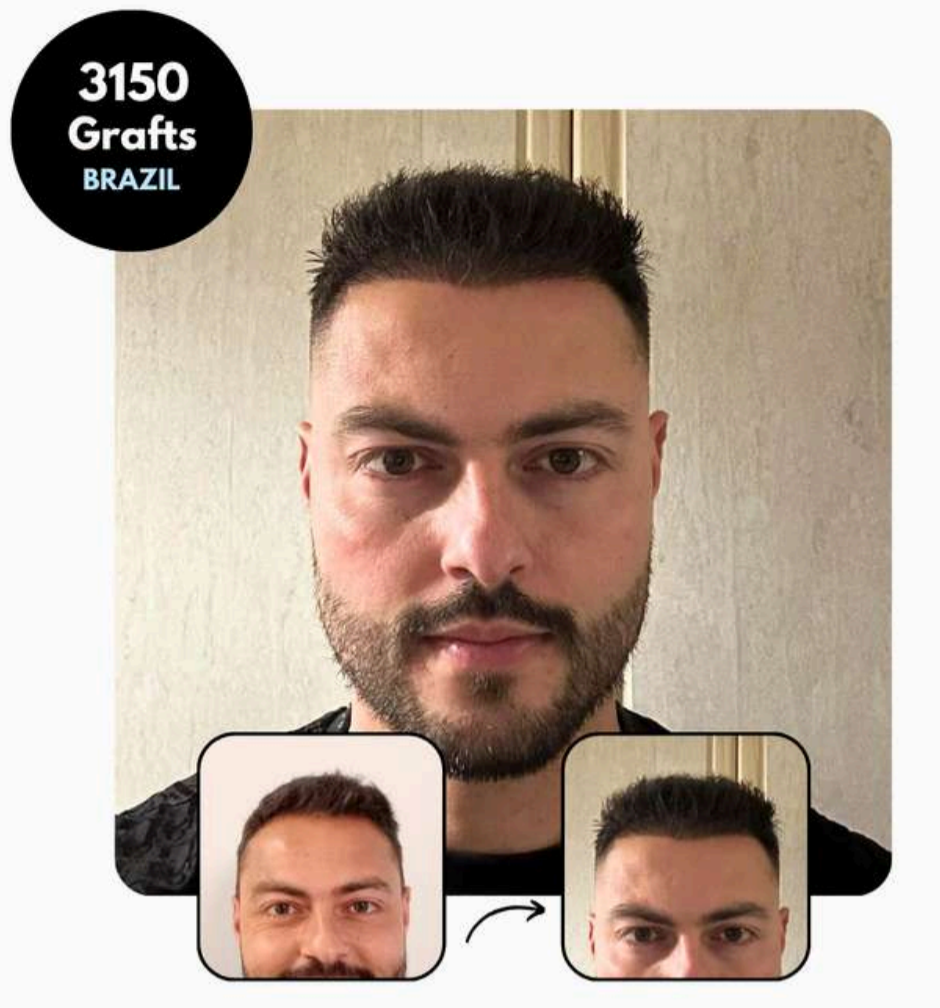




MIXED METHOD RESULTS

Wanderley, pictured on the right, is originally from Brazil, and joined us in Istanbul for his combination hair transplant. His surgery involved 2250 grafts transplanted with the Ideal ICE FUE Sapphire method, and another 900 with the Ideal ICE Direct Hair Implant method.

The pictured progress was taken a mere 6 months following the operation.



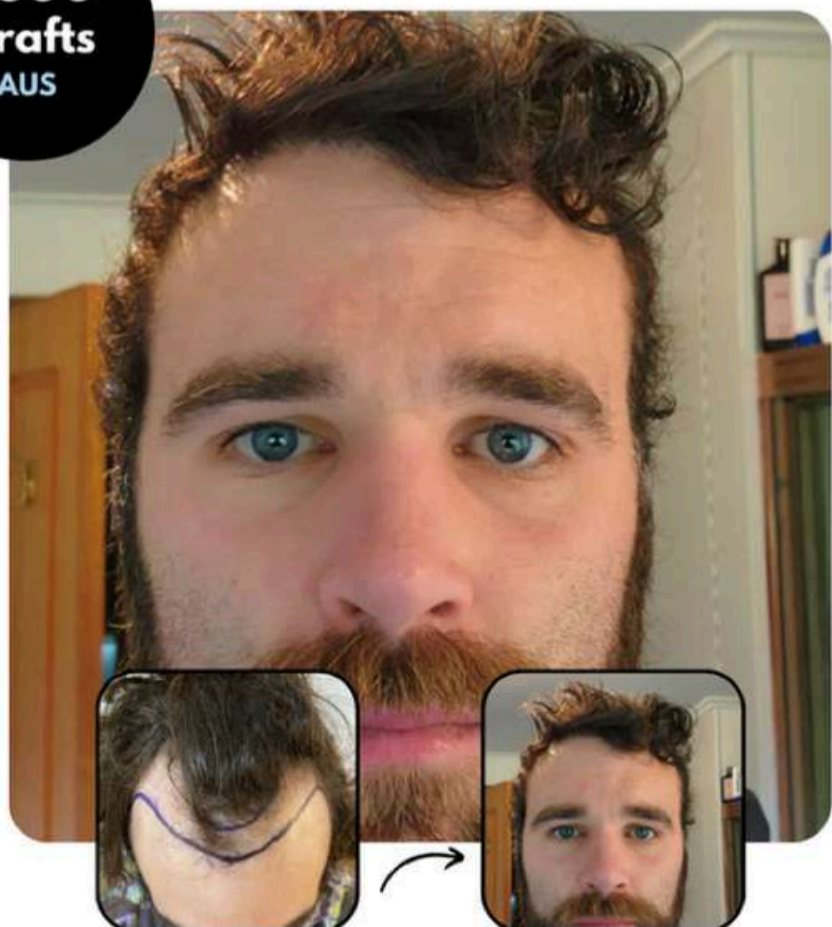
3250 Grafts ZAF



Similarly, Niel, from South Africa, had a hair transplant with the Ideal Combination Surgery, using an overall of 3250 grafts.

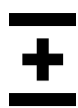
6 months post-surgery, Niel looks amazing and his receding hairline has been completely fixed.

3500 Grafts AUS



Brent, from Australia, had 3500 grafts transplanted, and fixed his receding hairline, just like Niel.

The picture he sent us was taken one year after his combination transplant.



4700
Grafts
UK



Meet Adamo from the UK, 42 years old, who underwent an Ideal Combination Surgery with us. Adamo's procedure combined Ideal ICE FUE Sapphire with Ideal ICE Direct Hair Implant, totalling 3400 and 1300 grafts respectively.

Adamo's journey is a testament to the natural-looking and transformative results achievable through our Ideal Combination Surgery.

Introducing Armando Perez from the USA, 39 years old, pictured on the right, who also opted for the same type of next generation surgery.

Armando's procedure involved 3750 grafts, and at just 5 months post-surgery, his progress is remarkable.

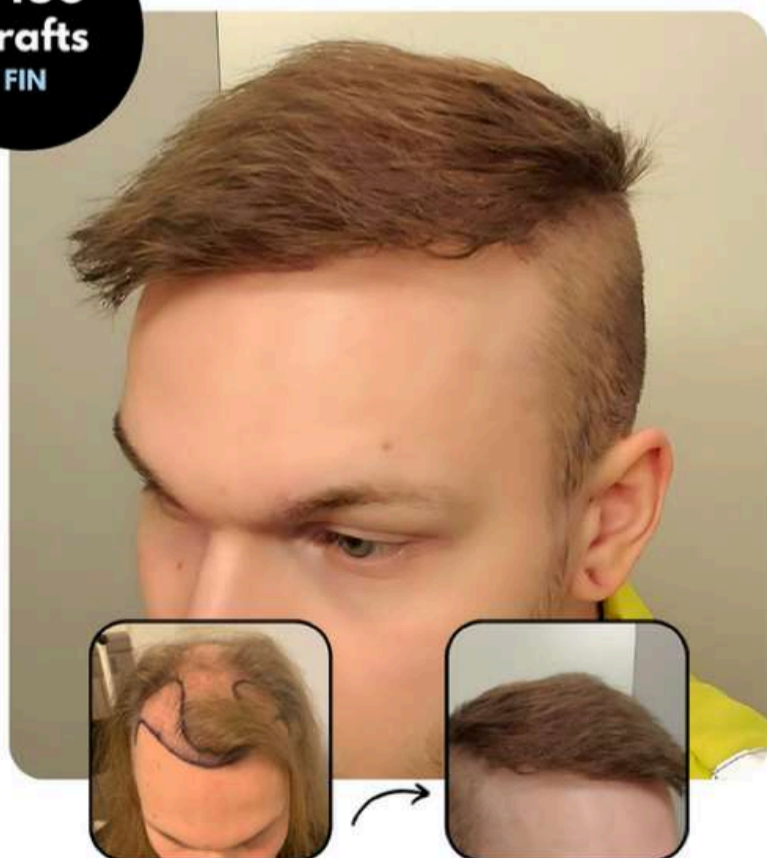
3750
Grafts
USA



Meet Lasse Louhelainen from Finland, 29 years old, who underwent a mixed hair transplant with us.

Lasse's procedure involved 4450 grafts, and after 9 months, his progress is truly impressive, having completely fixed his balding crown.

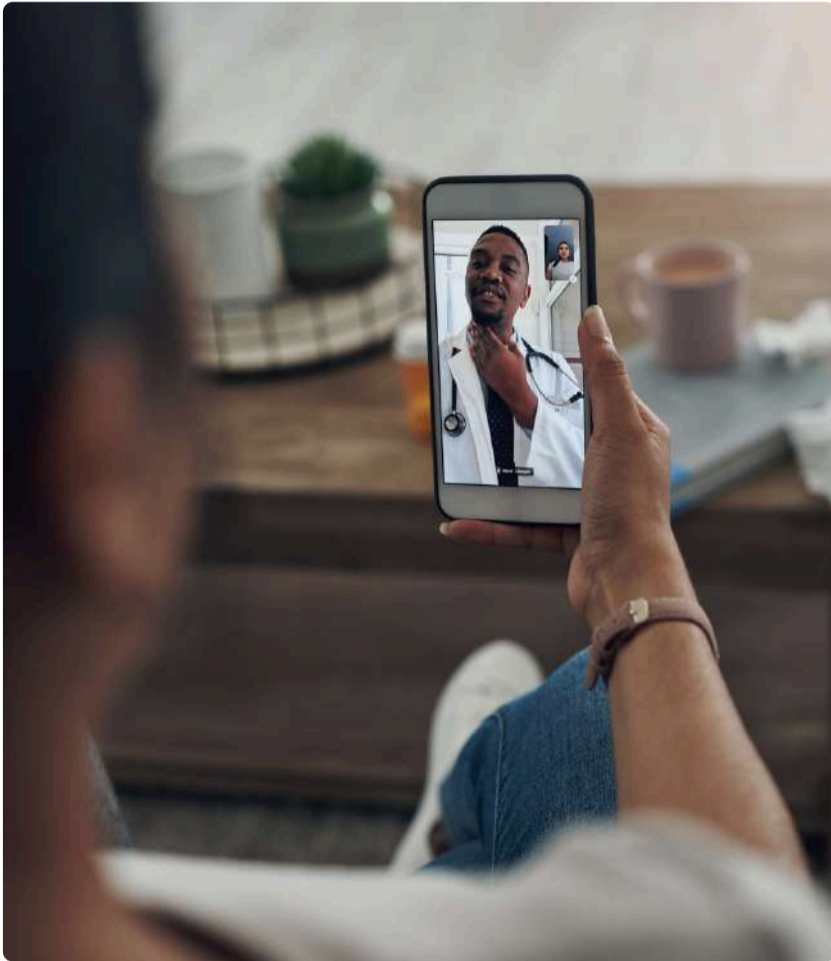
4450
Grafts
FIN



IDEALOFMED IS PARTNERING UP WITH THE

HAIR BACK APP

THE BEST HAIR TRANSPLANT AFTERCARE & COMMUNITY



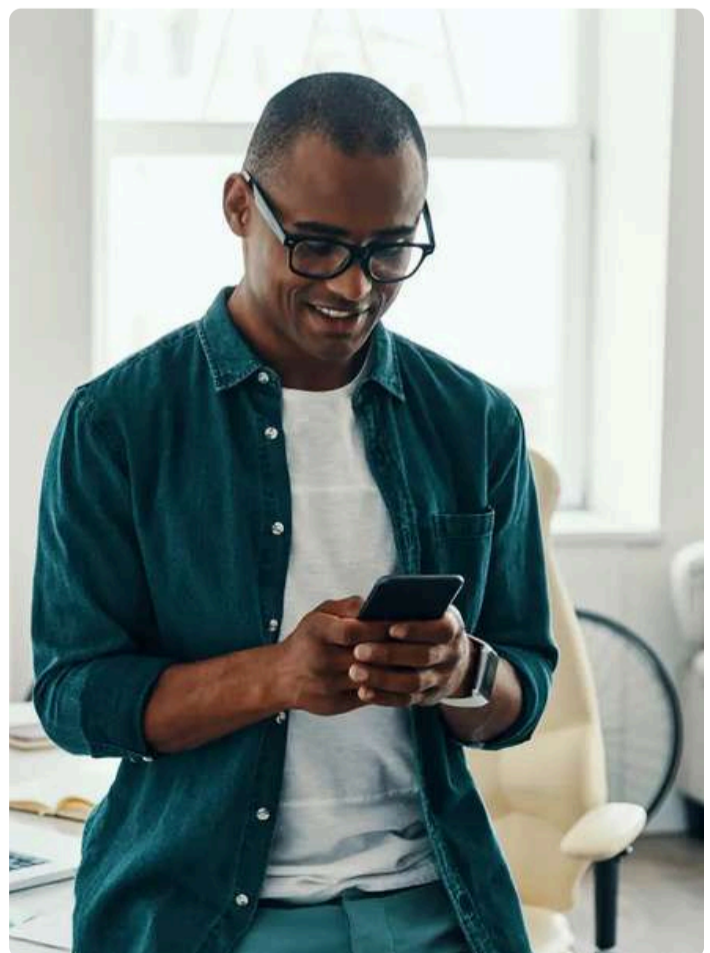
Whether you've recently undergone a procedure or are preparing for one, a structured aftercare routine is essential for optimal healing, strong follicle growth, and long-lasting results. At IdealofMeD, we believe that the right aftercare can make all the difference. That's why we recommend the Hair Back App—a powerful tool designed to guide you through every stage of recovery.

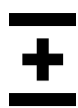
WHY AFTERCARE MATTERS

Your scalp undergoes a delicate healing process after a hair transplant. From immediate post-op care to long-term maintenance, each step plays a crucial role in achieving natural, lasting results. The Hair Back App simplifies this process, providing you with personalized aftercare plans tailored to your transplant stage, as well as with daily progress tracking to monitor hair growth and recovery, and expert-backed tips for faster healing and better retention.

JOIN A THRIVING COMMUNITY

Hair restoration is a journey, and the Hair Back App is your trusted companion. More than just an aftercare tool, it's a supportive community where you can seek advice, share milestones, and learn from others. Engage in open discussions, join private groups, or chat one-on-one with those who understand your experience. Gain real-time post-transplant advice through live Q&As, success stories, and expert-backed recovery tips.



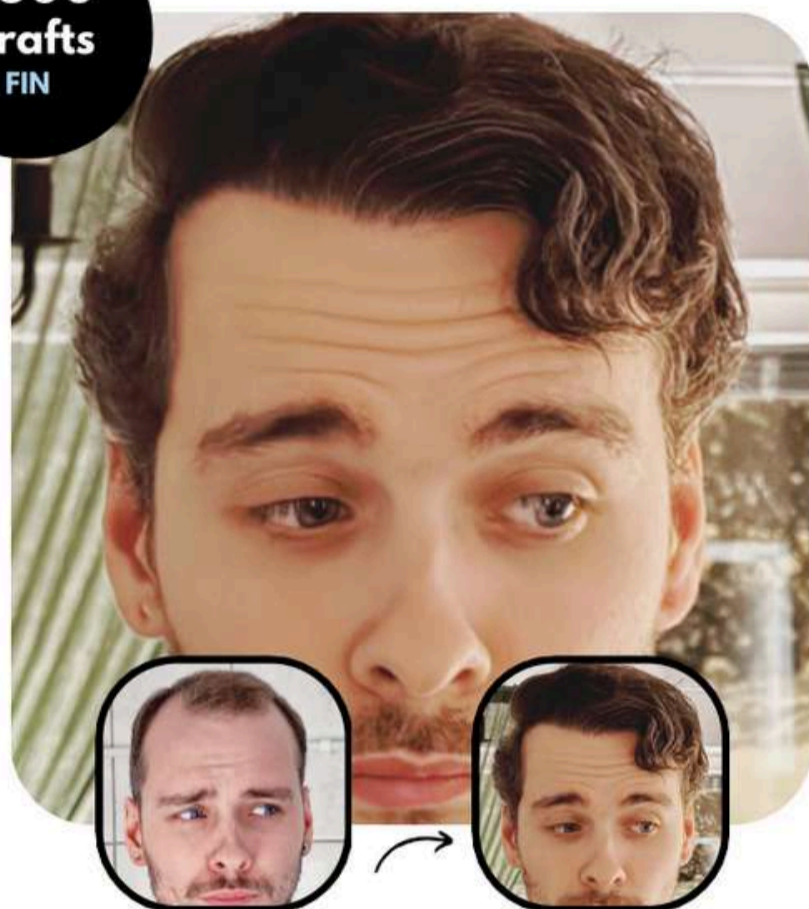


DHI METHOD

Ideal ICE Direct Hair Implant is an advanced next generation method that gives amazing results due to its precision and natural-looking result, particularly in low density areas on top and in hairline. The procedure involves the extraction of individual hair follicles from the safe donor area, typically the back of scalp, where hair is genetically resistant to balding. These follicles are then implanted directly into the recipient area, which is the balding or thinning area of the scalp, without the need for creating incisions beforehand.

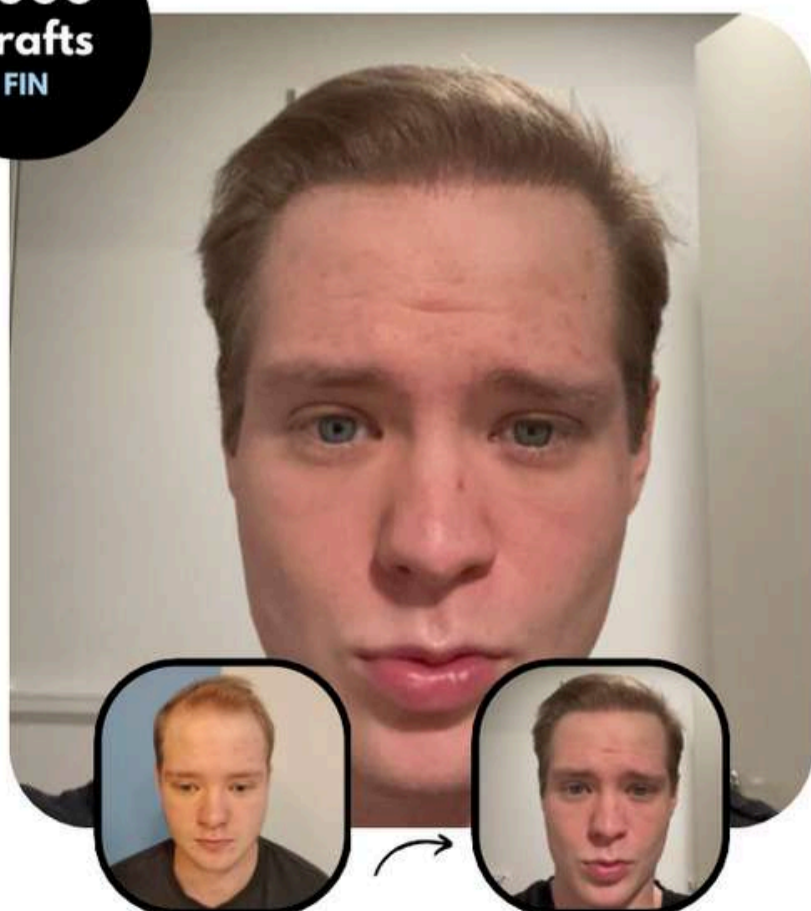
The key instrument used in Ideal ICE Direct Hair Implants is the Ideal Implanter, a specialized tool that allows for the extraction and implantation of hair follicles in one seamless process. The Ideal Implanter has a hollow needle with a diameter slightly smaller than the hair follicle, which minimizes trauma to the surrounding tissue during extraction and implantation. This ensures a more comfortable experience for the patient and promotes faster healing.

**3800
Grafts
FIN**



Tuomas, pictured above, flew to us from Finland, and opted for DHI. His procedure involved 3800 grafts.

**6000
Grafts
FIN**



The Ideal ICE Direct Hair Implant procedure typically begins with extraction of hair follicles from the donor area and then follows the delivery of transplant with Ideal Implanter.

Niklas, on the left, also from Finland, had a DHI surgery and got 6000 grafts implanted. His results speak for themselves.



4000
Grafts
USA



Afro hair requires specialized techniques due to its unique texture and growth patterns. Latasha, pictured on the top, flew to us from the USA and opted for DHI, which was specifically adapted for the needs of Afro hair. Her procedure involved 4,000 grafts.

One of the main advantages of Ideal ICE Direct Hair Implant is its ability to achieve a high level of precision and density, resulting in a more natural-looking hair and overall appearance. Additionally, because the follicles are implanted directly into the recipient area, typically, without the need for creating incisions or channels, there is minimal trauma to the scalp and faster healing times compared to traditional hair transplant methods.

3500
Grafts
LK

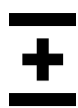


After the Ideal ICE Direct Hair Implant procedure, patients can expect some mild swelling and discomfort in the donor and recipient areas, which typically subsides within a few days. The transplanted follicles may shed the first few weeks, though new hair growth begins to show in a few months. Over time, the transplanted hair will continue to grow and blend seamlessly with the existing hair, providing long-lasting and natural-looking results.

4600
Grafts
CHI



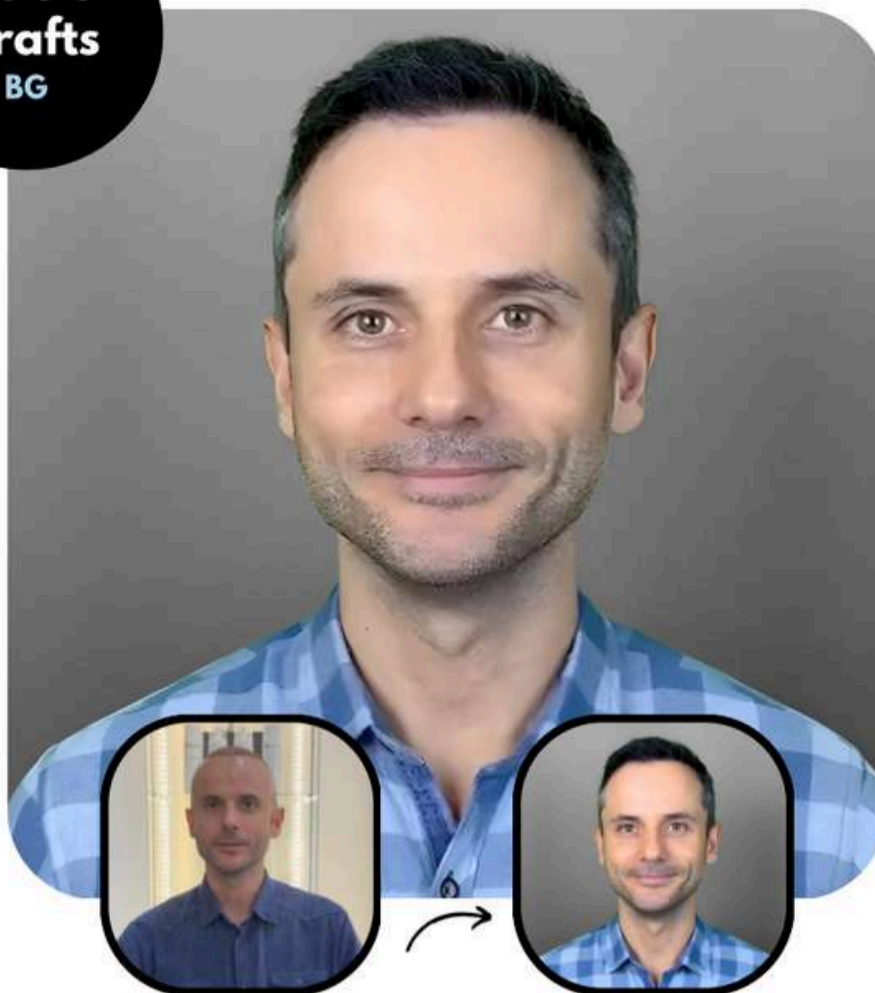
Over time, the transplanted hair will continue to grow and blend seamlessly with the existing hair, providing long-lasting and natural-looking results.



DHI METHOD RESULTS

Overall, the Ideal ICE Direct Hair Implant procedure offers a safe, effective, and minimally invasive solution for individuals seeking to restore their low density areas and their hairline to improve their appearance.

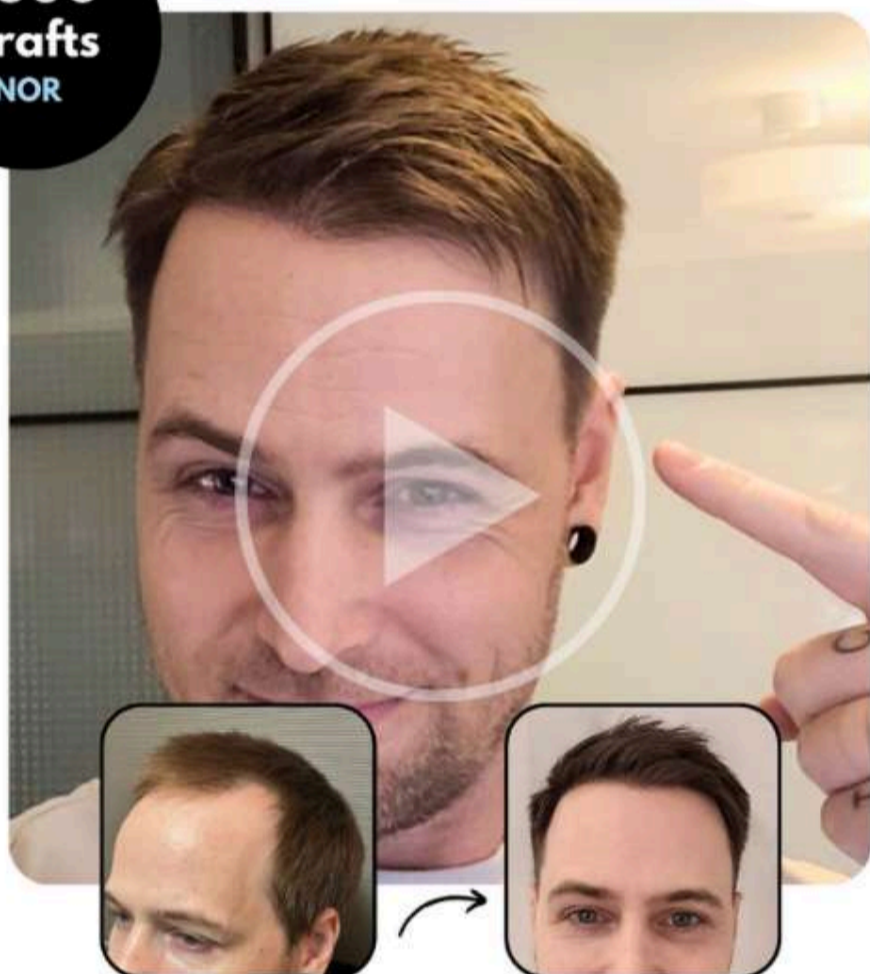
3600 Grafts
BG



CLICK TO WATCH HRISTO'S 365 TESTIMONIAL

Hristo, above, first visited IdealofMeD a year ago for his initial hair transplant, and the results exceeded his expectations. This year, he returned for a second procedure—an advanced DHI hair transplant with 3,600 grafts. The transformation after just one year is nothing short of incredible. Kent Skorstad (left), from Norway, also chose DHI for his hair restoration journey.

3600 Grafts
NOR



CLICK ON THE PICTURE TO WATCH KENT'S TESTIMONIAL

Kent got 3600 grafts implanted using the Choi Implanter Pen and here you can see his results a mere 6 months after his transplant. Similarly, Kierin Lewis, a 33 years old bodybuilder from Australia, came to us to get a DHI procedure using the Choi Implanter Pen. Kierin's transformation involved 4800 grafts, and this is him 11 months after his surgery.

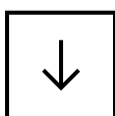
4800 Grafts
AUS



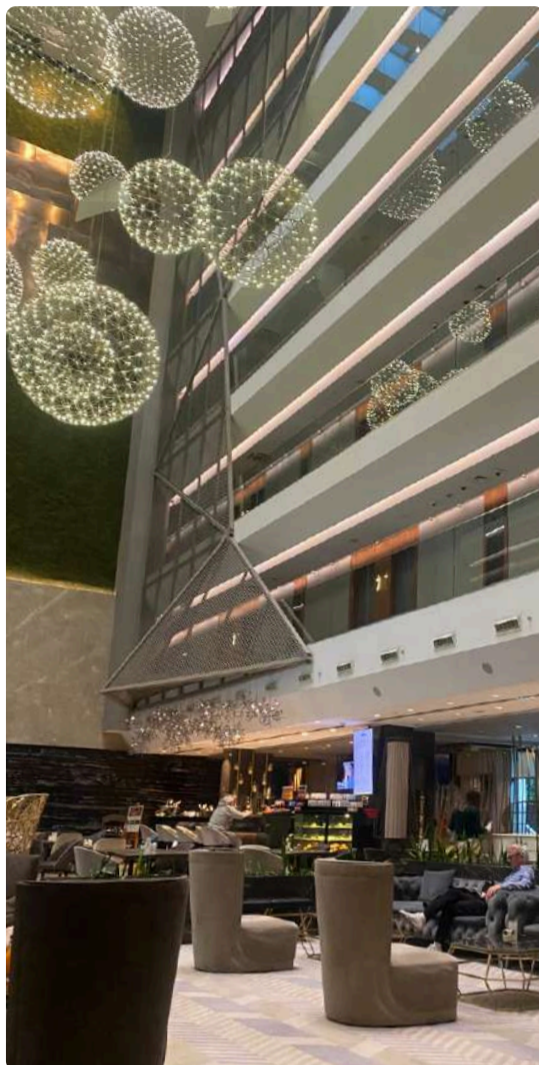


BECOMING YOUR IDEAL ME

OUR HAIR TRANSPLANT SERVICES



Welcome, and thank you for choosing us! Whether you're seeking the best hair transplant clinic in Turkey or dental treatments without the wait, you've come to the right place.



All-Inclusive Packages

Our All-Inclusive Packages offer a luxurious experience, including a 5-star hotel stay, VIP transfers, an aftercare mobile app, all necessary medication, and an exclusive line of care products.

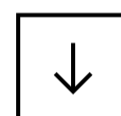


High-end Technology

Achieve Natural Looking Results with our renowned doctor participated *Ideal ICE DHI+ ICE FUE Sapphire Combination Surgery*. We are dedicated to providing the best out-comes for our patients.

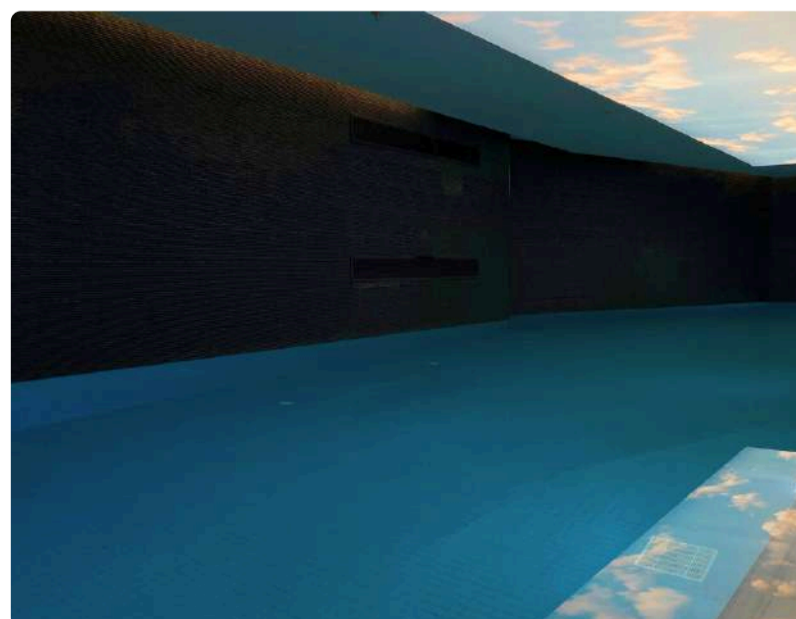
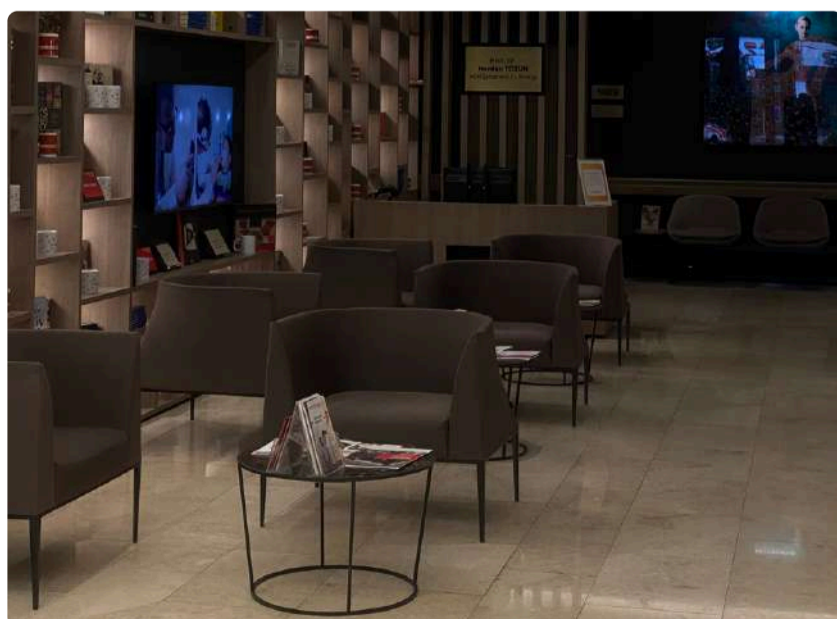
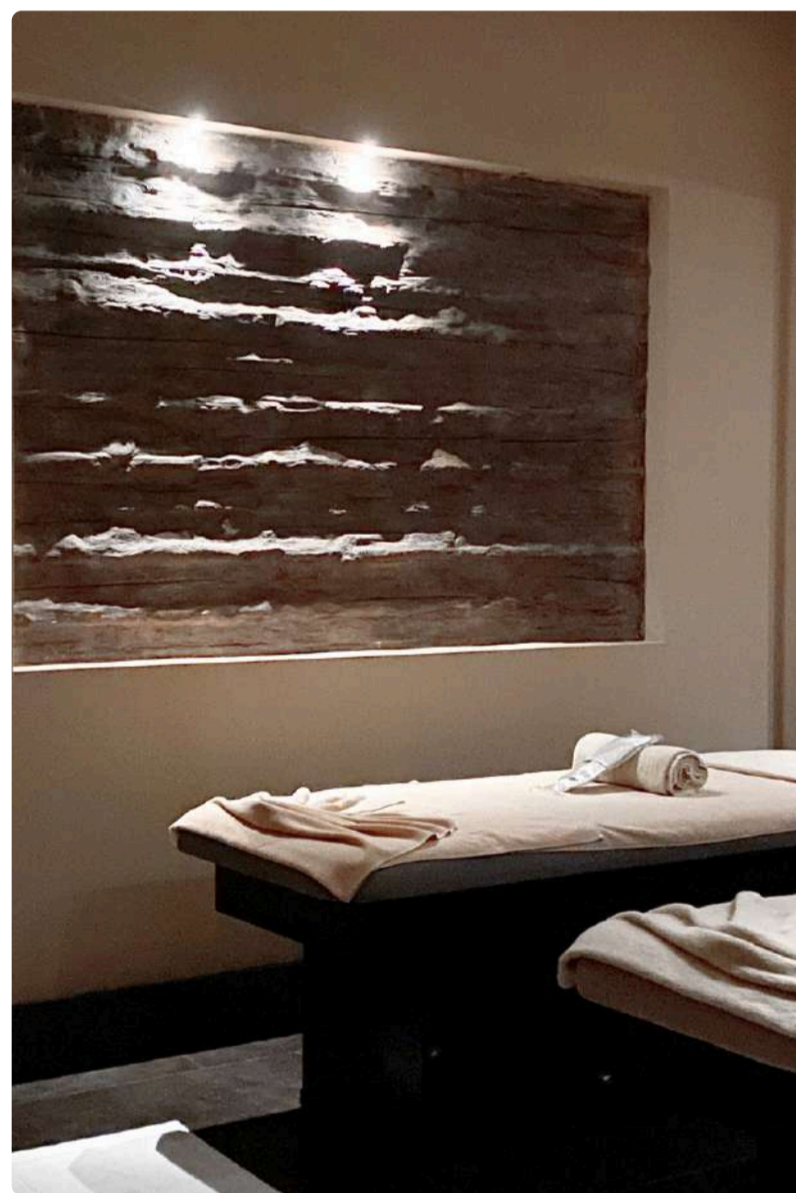


HAIR TRANSPLANT



Rest assured, we are fully Licensed & Regulated by the Turkish Ministry of Health and Ministry of Tourism, ensuring the highest standards of care for your medical journey to Turkey.

Experience the expertise of our First-Class Team, consistently rated among the top providers in the medical services industry. We bring together Nordic professionalism and Turkish hospitality to ensure your comfort and satisfaction throughout your journey with us.





OUR EXCLUSIVE PRODUCTS

WELLNESS & HAIR CARE PRODUCTS



YOUR SUSTAINABLE CHOICE

Only 25% of our physical well-being is determined by our genes, while the remaining 75% is influenced by our lifestyle. What does that mean: 75% of our physical well-being is determined by our lifestyle. This means that you have significant control over your longevity and overall happiness. At IdealofMeD we continuously strive to create products that make you look and feel great. Our products are the result of the ideal balance between love and science.

[SHOP PRODUCTS](#)



Our exclusive product line was initially created to provide patients with the finest hair transplant aftercare products. Over time, we have expanded our offerings to include new products designed to promote longevity and a holistic approach to (hair) health. Our mission is to ensure that you not only look but also feel like your ideal self.



[BUY NOW](#)



01 Saw Palmetto Berries

Saw Palmetto Berries are a natural alternative to finasteride, known for its DHT-blocking ability, especially for prostate cancer and indirectly for hair, making them a powerful supplement to add to your daily routine.



[BUY NOW](#)



02 Mesotherapy

Say hello to luscious locks with IdealOfMeD's revolutionary peptides! Designed to nourish, strengthen, and revitalize your hair from root to tip, our advanced mesotherapy supplement formulations are the key to unlocking your hair's true potential.

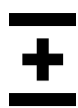
03 Hair Rejuvenation Shampoo

Discover our IdealofMeD Hair Rejuvenation Shampoo – the ultimate solution for revitalizing your hair and promoting a healthy scalp. Packed with powerful hair-stimulating ingredients such as Propacil (5%), Biotin, and Saw Palmetto, this shampoo is engineered to breathe new life into your hair.

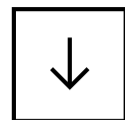


[BUY NOW](#)

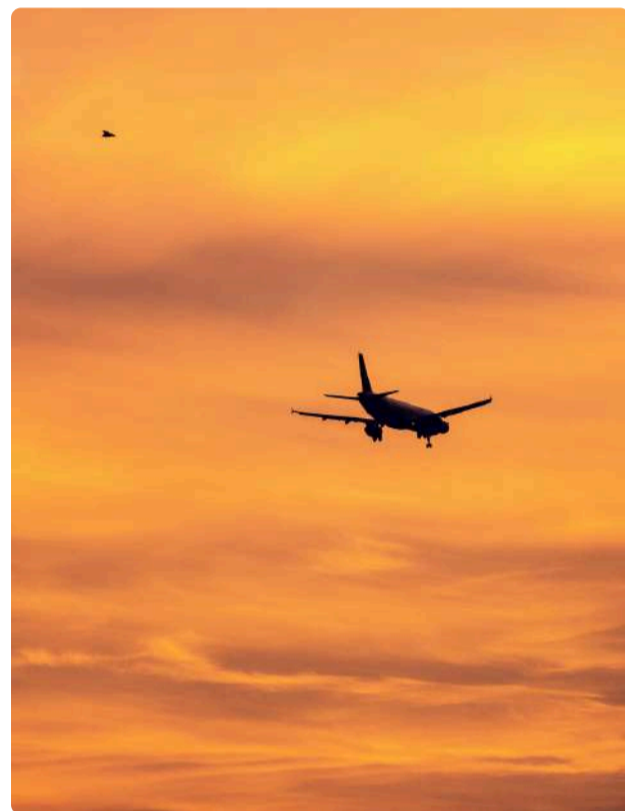




TURKEY'S HISTORY IN HAIR TRANSPLANTS



Turkey is the global leader in hair transplants, with over one million procedures yearly, comprising 60% of the world's total. The lower costs create a cycle of quality: more time, better methods, and amazing results. Beyond the procedure, enjoy Turkey's sunny landscapes and rich culture.

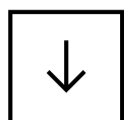


EXPERIENCE THE BEST OF THE BEST

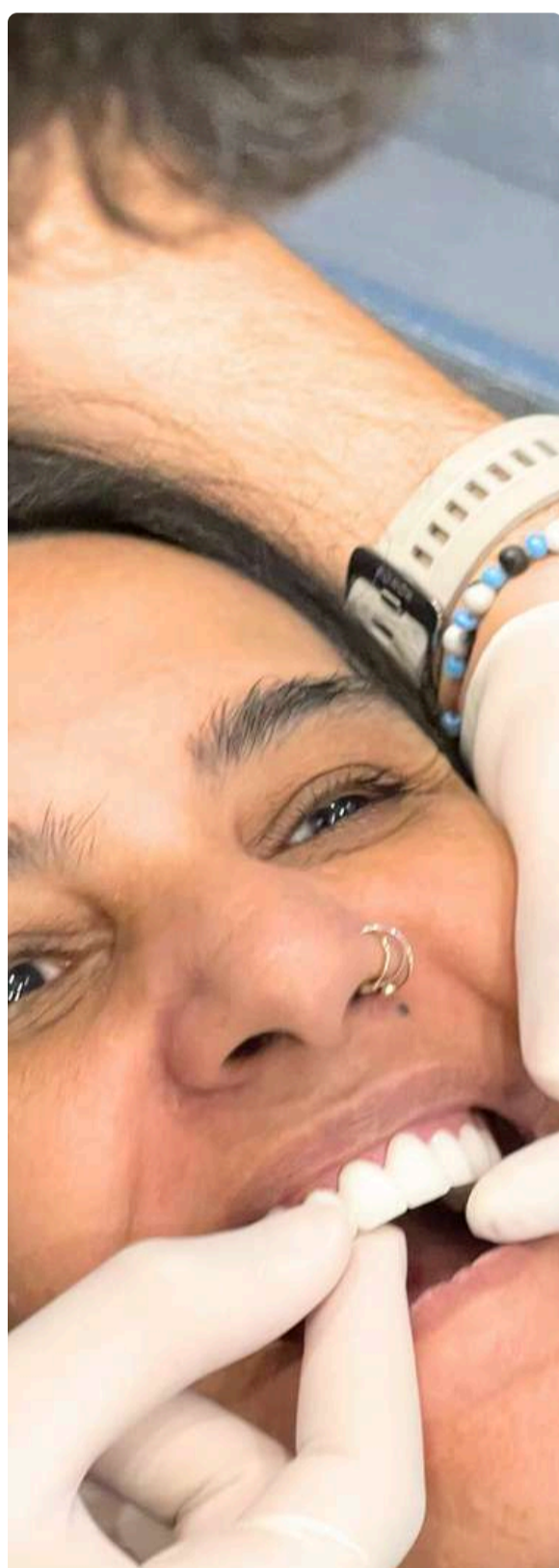
With over 35 years of experience in Turkey, we have our roots in the Nordics. In our management and execution, we always aspire to combine Nordic medical tradition, Northern European perfectionism, and Turkish hospitality. Choose IdealOfMeD in Turkey for a harmonious blend of expertise and care.

[READ MORE](#)





TURKEY'S HISTORY IN DENTAL TREATMENTS



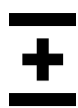
IDEALOFMED: TRANSFORMING SMILES

At IdealOfMeD, we take immense pride in our reputation as a leading provider of premium dental care. Situated in Turkey, our company has become synonymous with excellence in dental implants, offering transformative solutions at remarkably affordable rates.

Dental implants are one of our specialties, heralding a new era in restoring smiles and oral health. For those seeking a complete smile makeover or simply restoring dental function, IdealOfMeD in Turkey stands as the ultimate destination. With a perfect blend of expertise and affordability, we are honored to be your premier choice for dental needs in Turkey.

[READ MORE](#)





ISTANBUL: A HIDDEN GEM OF LUXURY TOURISM

Gastronomic Delights



Sample the diverse flavors of Turkish cuisine at upscale restaurants like Mikla or Sunset Grill & Bar. From traditional kebabs to exquisite seafood, Istanbul offers a culinary journey fit for discerning palates.

Art and Culture



Dive into Istanbul's vibrant art scene at the Istanbul Modern Art Museum or take a private tour of Hagia Sophia, a masterpiece of Byzantine architecture. Don't miss the chance to witness a mesmerising performance of Whirling Dervishes, a unique Sufi ritual.

Ottoman Opulence



Explore the grandeur of the Topkapi Palace, once home to Ottoman sultans. Immerse yourself in the lavish lifestyle of the past with its ornate courtyards and breathtaking views of the Bosphorus.



Luxurious Spa Retreats

Rejuvenate your senses at world-class spas like the Çırağan Palace Kempinski Istanbul. Pamper yourself with traditional Turkish baths, massages, and wellness treatments, surrounded by opulence.



Exclusive Shopping

Discover high-end boutiques in the chic Nisantasi district or browse the Grand Bazaar for exquisite carpets, jewelry, and artisanal crafts. Istanbul offers a blend of modern luxury and ancient treasures for the discerning shopper.

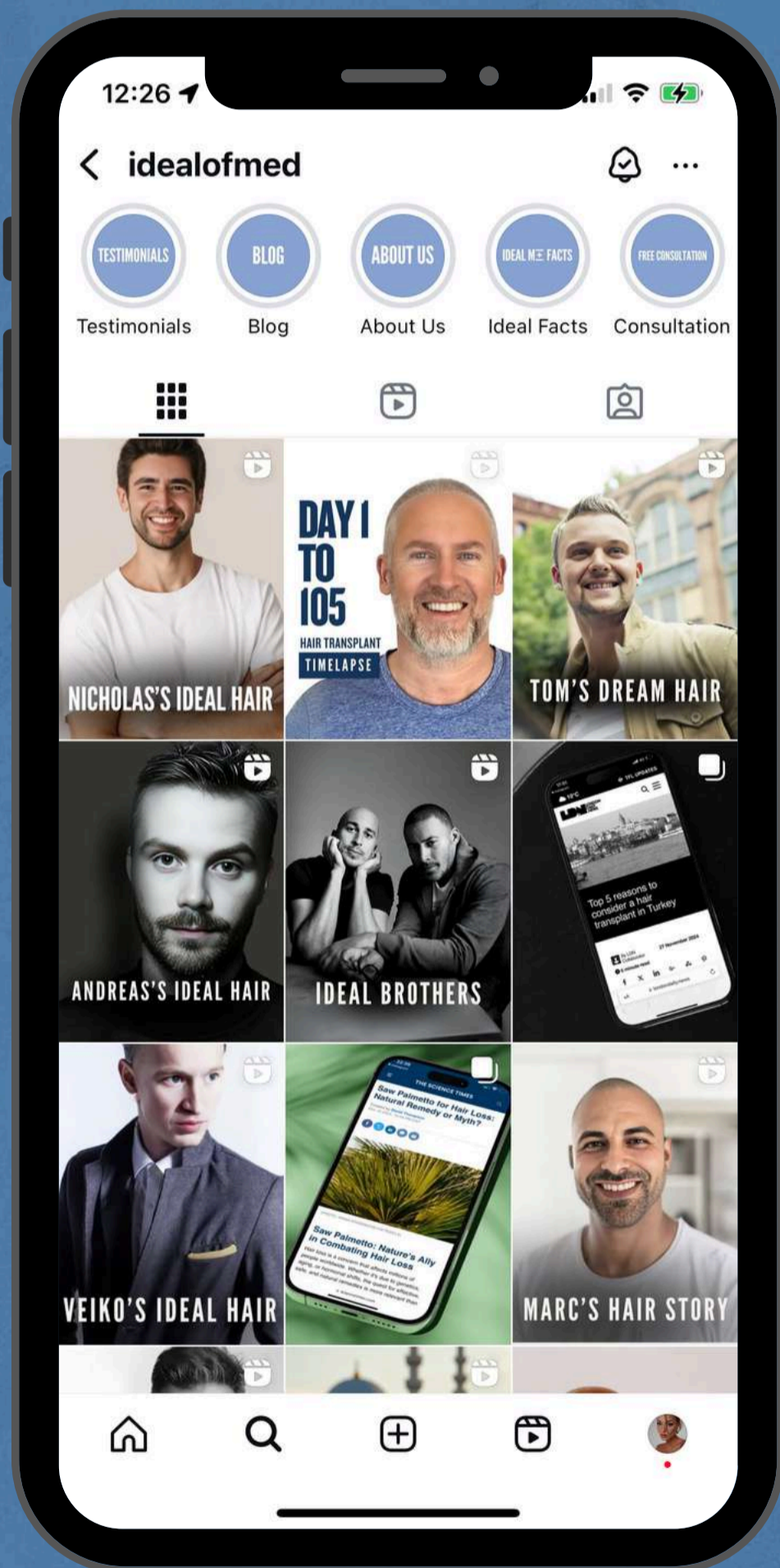
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FIND US ON SOCIAL CHANNELS

IDEALOFMED ON SOCIALS



CONNECTING YOU TO EXCELLENCE

Step into the world of IdealOfMeD on social media and discover a journey through excellence and transformation. Our Instagram feed is a testament to the life-changing impact of our hair transplants and dental services, showcasing the artistry and precision of our procedures. Follow our stories for an inside look into our advanced clinics and the compassionate care provided by our expert team. You can find us on Youtube and Facebook as well.



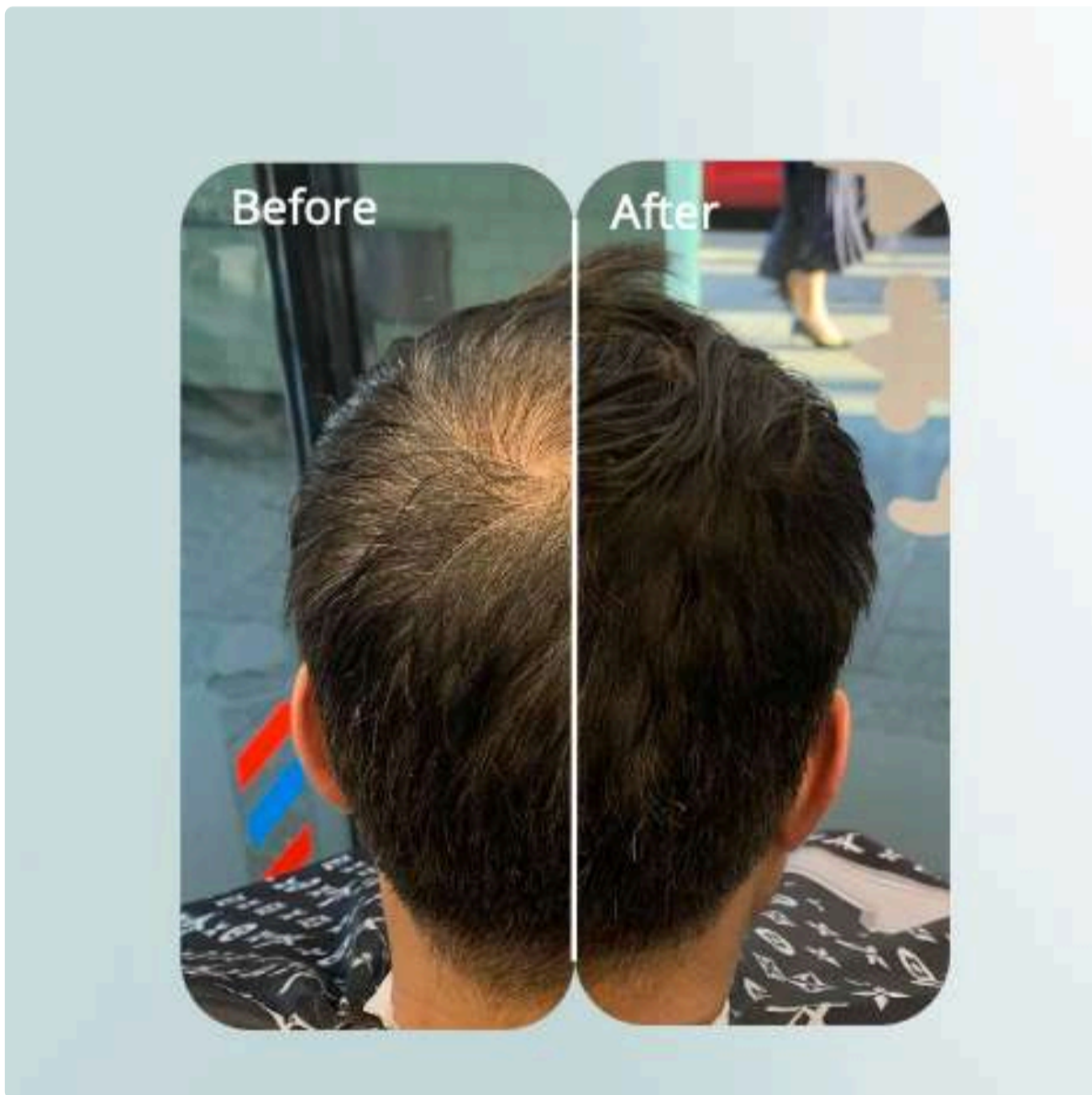


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TAG US FOR A CHANCE TO WIN €200*



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TAG US



* ONE WINNER WILL BE SELECTED MONTHLY. PRIZE CAN BE PAID AS A €200 SHOPPING ALLOWANCE OR €100 CASH VIA PAYPAL.



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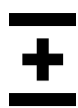
BROUGHT TO YOU BY OUR EXPERTS



HAIR TRANSPLANT KNOWLEDGE

DENTAL KNOWLEDGE

ALL THINGS LONGEVITY, NUTRITION & WELLNESS



LONGEVITY, HEALTH & WELLNESSES

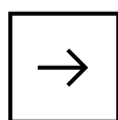
Saw Palmetto: Hair Rejuvenation & Wellness

In the quest for vibrant hair and overall well-being, nature has often offered hidden treasures that hold the promise of transformative effects. One such gem is Saw Palmetto (*Serenoa repens*), a plant native to the southeastern United States and a key ingredient in our Hair Rejuvenation Vitamins.

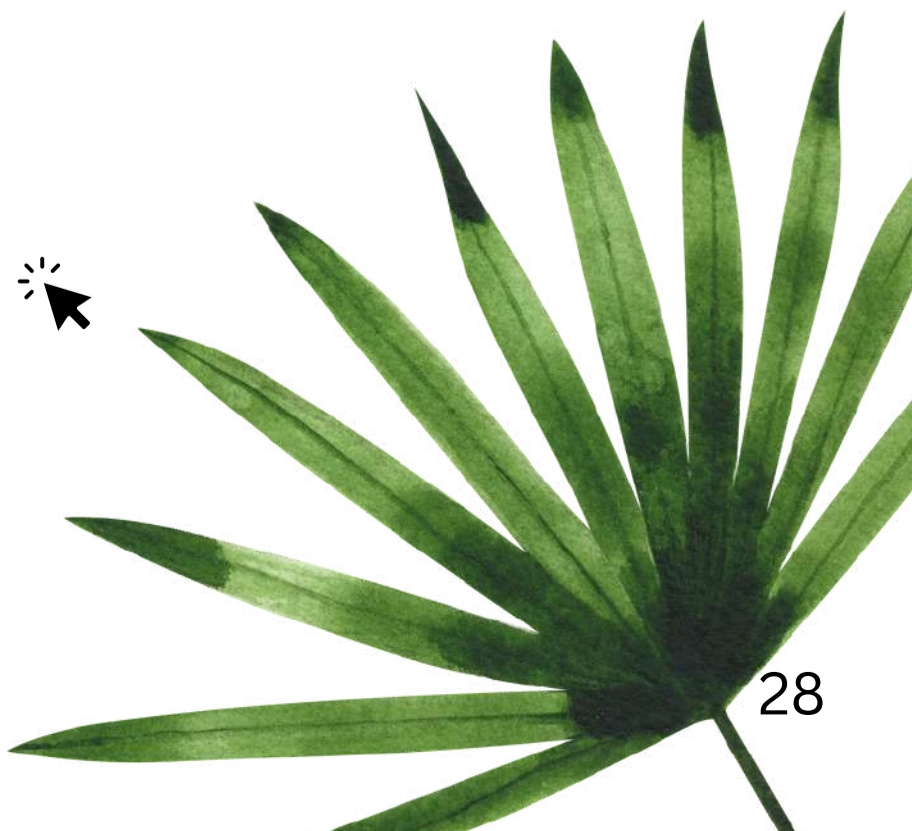
Ancient herbology, rooted in traditional practices like those of Native American tribes, such as the Seminole, Creek, and Miccosukee recognized the therapeutic potential of Saw Palmetto for various health concerns. The berries were often consumed to alleviate urinary and reproductive issues, such as urinary tract infections and prostate problems.

The berries were believed to possess diuretic and tonic properties and Native American healers also recognized the plant's potential benefits for supporting overall well-being.

Saw Palmetto's rich history, rooted in Native American traditions, has paved the way for its exploration as a potential remedy for a wide range of health conditions. Its mechanisms of action, notably its interaction with hormones and anti-inflammatory properties, hold promise for addressing various concerns in both men and women.



[Read the whole article here.](#)





CONTACT

Have questions? Our dedicated team is ready to assist you with prompt and personalized answers. Our customer support is **available 24/7**. We're here for you whenever you need us.



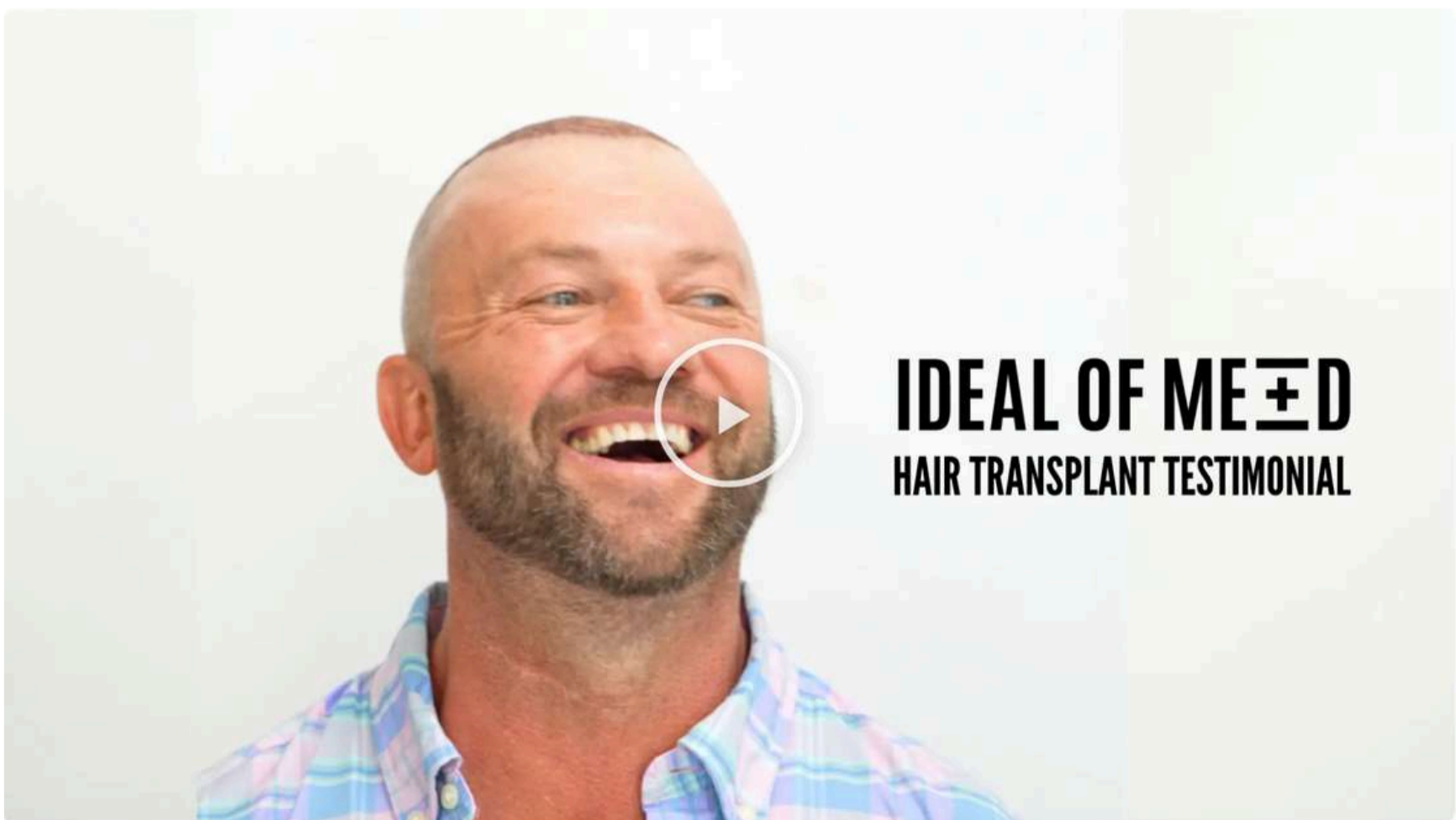
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