

BEFORE & AFTER CATALOG

2025

DENTAL

*THE BEST DENTIST IN TURKEY AT
IDEALOFMED: DISCOVER OUR
PREMIUM DENTAL TREATMENTS*

*“ONE OF THE HIGHEST-
RATED MEDICAL BRANDS IN
TURKEY, WITH AN AVERAGE
RATING OF 4.9 OUT OF 5 AND
OVER 600 TRUSTPILOT
REVIEWS”*

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IDEALOFMED BEFORE & AFTER CATALOG

ABOUT IDEALOFMED



THE BEST DENTAL TREATMENT DESTINATION IN TURKEY



IDEALOFMED

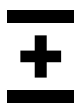
Looking for top-tier dental care at unbeatable prices? IdealofMeD in Turkey offers advanced treatments such as veneers, dental implants, and cosmetic surgery to create your perfect smile. Learn why IdealofMeD is the ideal choice for all your dental needs in Turkey.

[BOOK YOUR CONSULTATION](#)



5 REASONS TO CHOOSE IDEALOFMED

- 1 Nordic Quality in Turkey**
- 2 One of the highest rated (4.9) brands in Türkiye**
- 3 Affordable Excellence**
- 4 Expert Team of Turkish Dentists**
- 5 Personalized Approach**



TOP RANKED MEDICAL DESTINATION IN TURKEY



IdealofMeD has been a trusted name in dental care for over 35 years, with deep roots in the Nordics. Our approach combines the precision of Northern European perfectionism with the warmth of Turkish hospitality. As the best dental clinic in Turkey, we pride ourselves on our 5-star TrustPilot reviews and our commitment to providing a comfortable and professional environment for our patients.

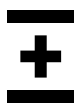
“
I had a great experience at IdealofMeD Dental. The staff was very professional and friendly. The treatment was excellent and the results were amazing. I highly recommend this clinic to anyone looking for top-tier dental care in Turkey. The location is also very convenient and the prices are very reasonable. I will definitely be back for future treatments. Thank you so much for everything!”
Juan Carlos, from the USA.

Discover affordable excellence at IdealofMeD Dental, where we offer competitive pricing for top-tier dental care in Turkey. Our highly experienced team of Turkish dentists ensures your treatment is in expert hands, with efficiency and quality guaranteed. Turkey isn't just a destination for dental care; it's a vibrant holiday spot. Explore the rich culture and breathtaking landscapes while getting the best dental treatment in Turkey.

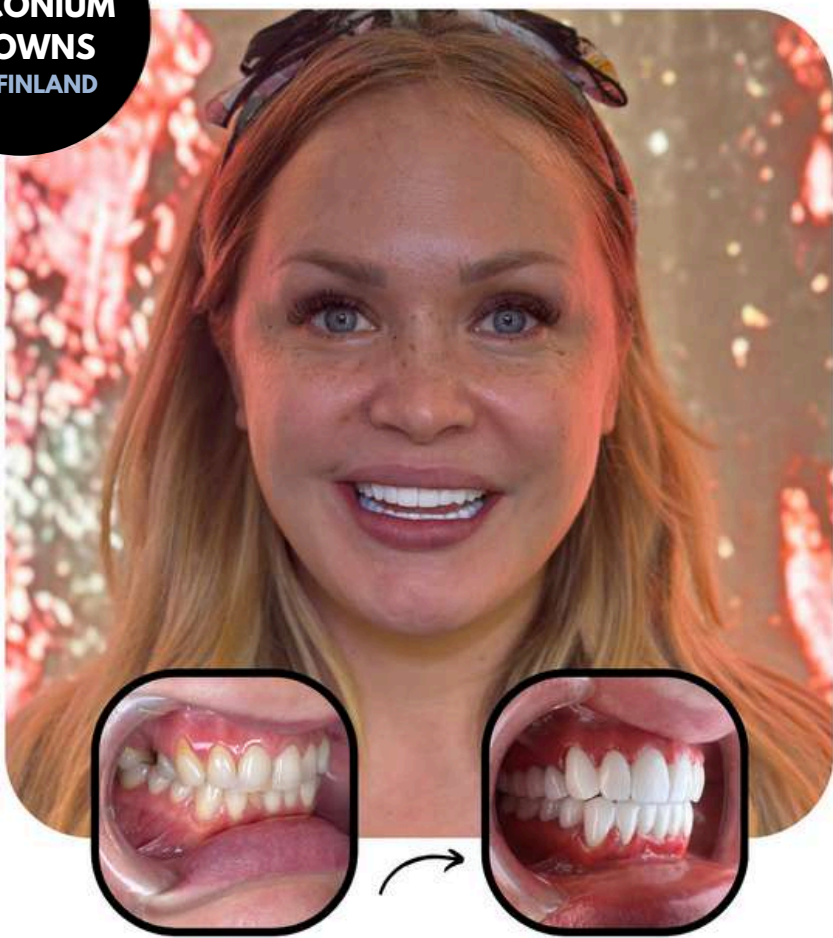
THE BEST DENTAL TREATMENT DESTINATION

BEFORE & AFTER





28
ZIRCONIUM
CROWNS
TIA, FINLAND



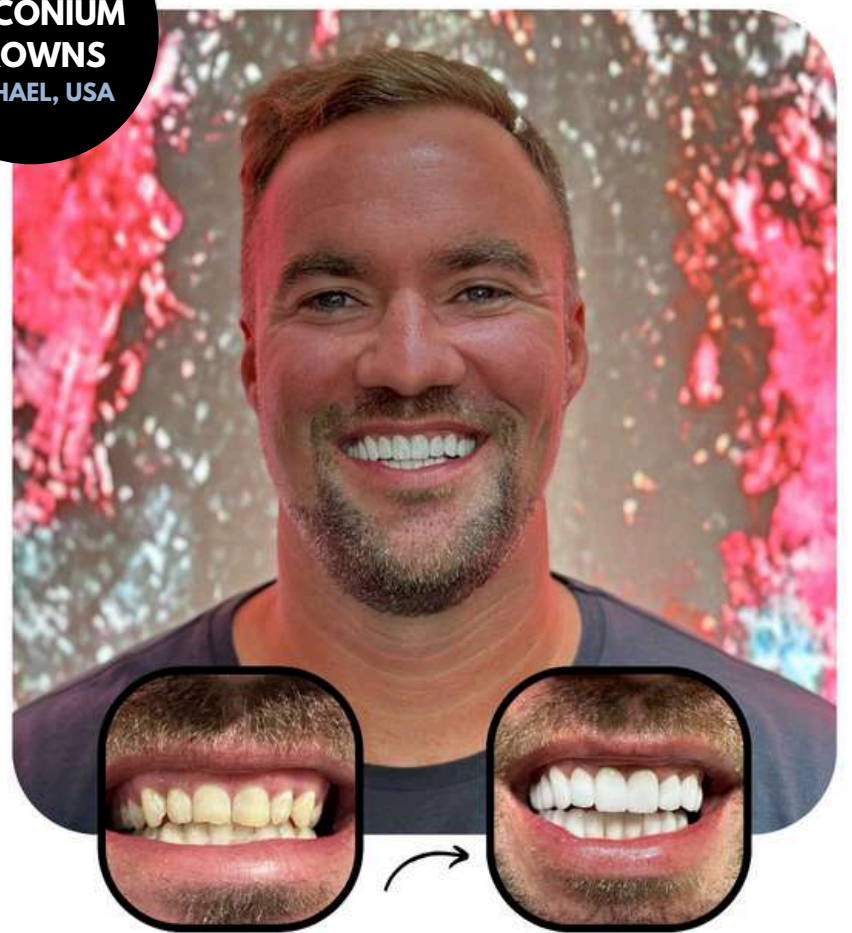
SMILE DESIGN

The impact of missing teeth on an individual's appearance, self-confidence, and overall oral health cannot be overstated. Smile design offers a reliable and long-lasting solution to this problem, providing patients with a natural-looking and functional set of teeth, like seen on Tia, on

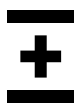
the left, and Michael, pictured on the center right, who got 28 Zirconium crowns with the Hollywood Smile technique. Dental implants are essentially artificial teeth that are placed on metal posts positioned in the jawbone during surgery.

Dental implants play a crucial role in maintaining oral health and improving the quality of life for individuals with missing teeth. Unlike traditional dentures or bridges, which rest on the gums or rely on adjacent teeth for support, dental implants provide a permanent solution that closely mimics natural teeth.

28
ZIRCONIUM
CROWNS
MICHAEL, USA



IdealofMeD offers affordable all-inclusive packages to ease your travel stress by handling all your needs. With over 500 TrustPilot reviews and a 5-star rating, you can trust us to provide a professional environment where your comfort is our priority.



20
ZIRCONIUM
CROWNS
REYNA, ITALY



Pictured above, Reyna, from Italy, who got 20 zirconium crowns.

Initial Consultation & Assessment

During the initial consultation, our dental professionals assess your oral health. This includes a rather thorough examination of your teeth and gums, a review of your dental and medical history, and possibly X-rays or 3D scans to evaluate the condition of your jawbone.

20
ZIRCONIUM
CROWNS
ERIK, SWE



Pictured above, Erik, from Sweden, who got 20 zirconium crowns.

Preparatory Procedures

Some patients may need preparatory procedures like bone grafting or sinus lifts to ensure a strong foundation for dental implants. Bone grafting adds bone material to strengthen the jawbone, which is crucial for those with bone loss from tooth extraction or gum disease. A sinus lift creates space for implants when the sinuses are too close to the upper jawbone.

Placement of Implants

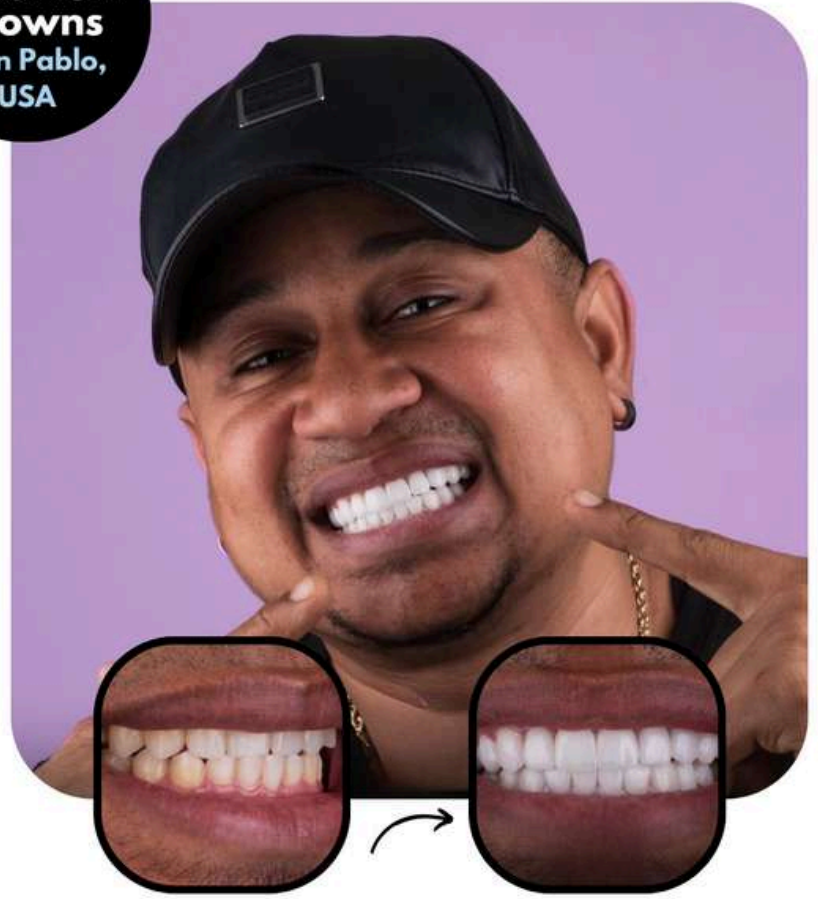
After assessments and preparatory steps, skilled oral surgeons or implantologists surgically place the dental implants. They make a small incision in the gum, drill into the jawbone, and carefully position the titanium implants. These implants fuse with the jawbone over time, a process called osseointegration. Following implant placement, the gum is stitched, and a temporary crown or bridge may be attached for functionality and aesthetics during the healing process.



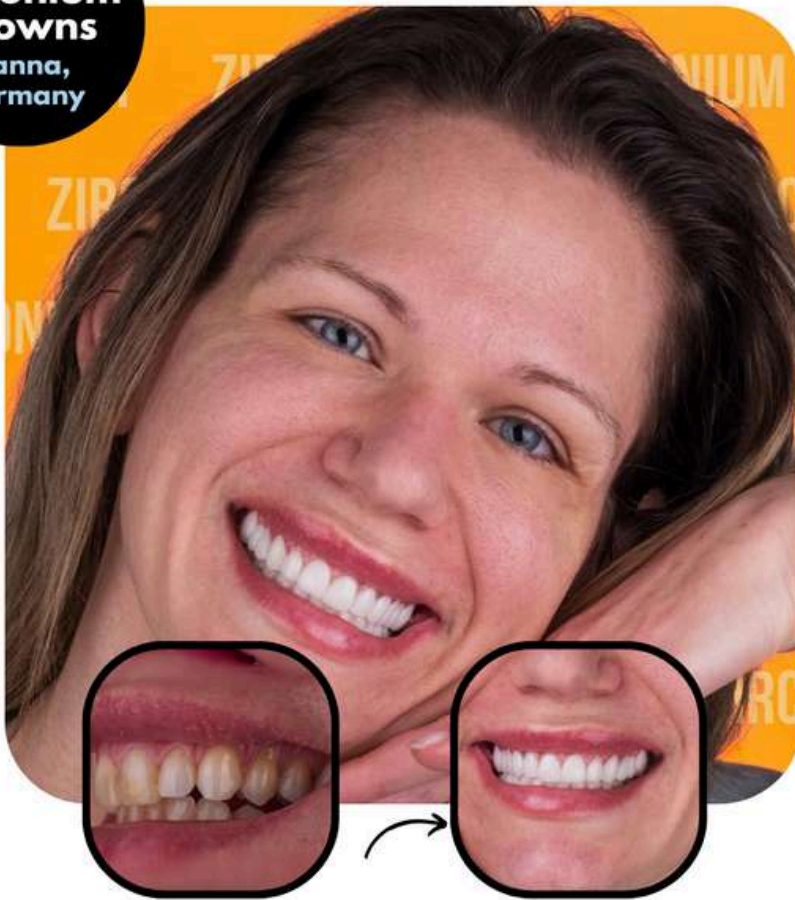
28
Zirconium
Crowns
Halil,
Germany



28
Zirconium
Crowns
Juan Pablo,
USA



24
Zirconium
Crowns
Hanna,
Germany



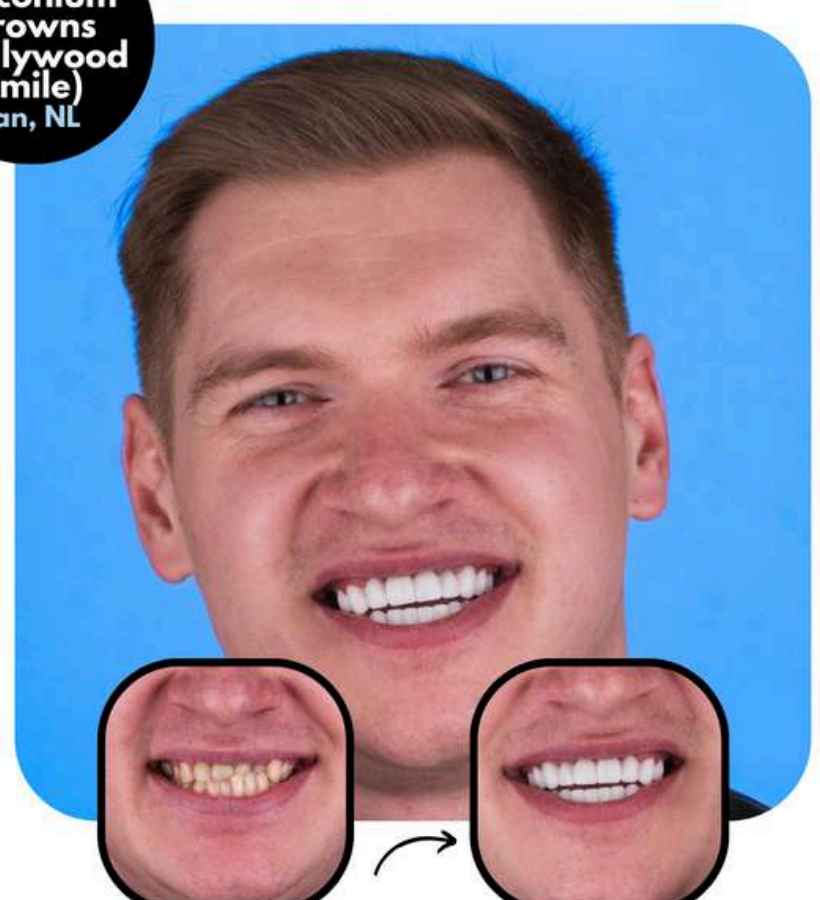
28
Zirconium
Crowns
Curtis
USA

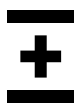


28
Zirconium
Crowns
Mykola,
Ukraine



28
Zirconium
Crowns
(Hollywood
Smile)
Jan, NL





IDEALOFMED DENTAL TESTIMONY



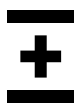
“ **B B B C T B B B C BB C**
B B B B B B ”

Juan Carlos, from the USA

Juan Carlos, hailing from the United States, embarked on a transformative journey with IdealOfMeD a few years back, beginning with a remarkable hair transplant procedure that changed his life. Now he is back to Istanbul for his yearly check-up after having had a dazzling set of veneers, meticulously crafted by the skilled dental team.

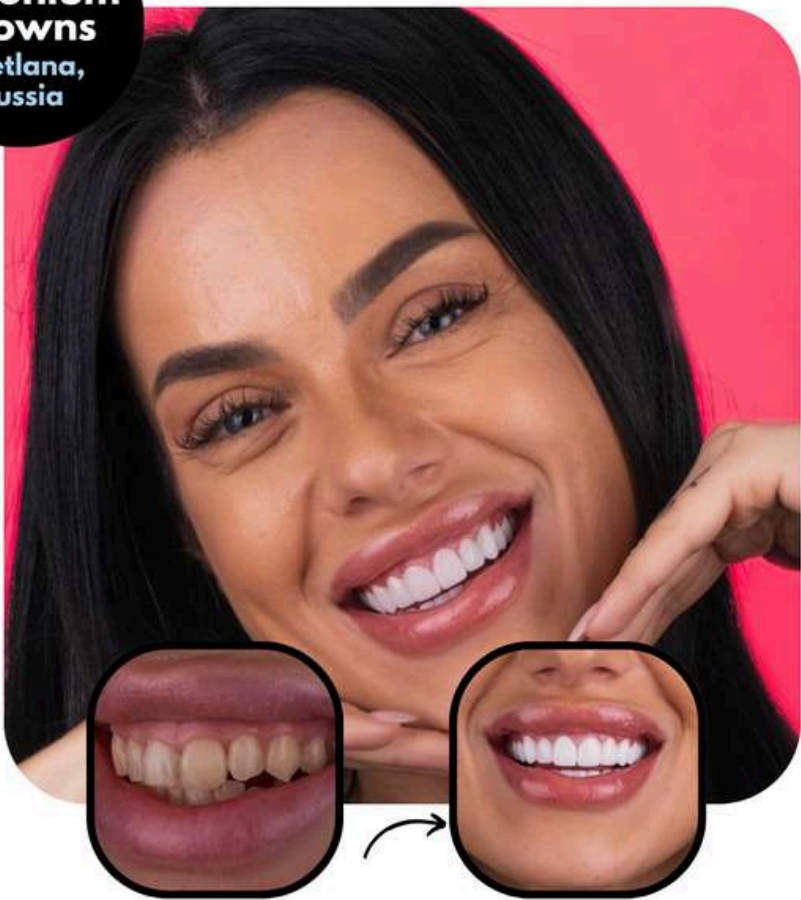
His decision to invest in his smile speaks volumes about the trust and satisfaction he found in IdealOfMeD's services. This dedication to exceeding patients' expectations and delivering transformative results defines IdealOfMeD's ethos. Juan Carlos's story serves as a testament to the comprehensive care and personalized attention that every individual receives when they walk through IdealOfMeD's doors, regardless of their origins or background.



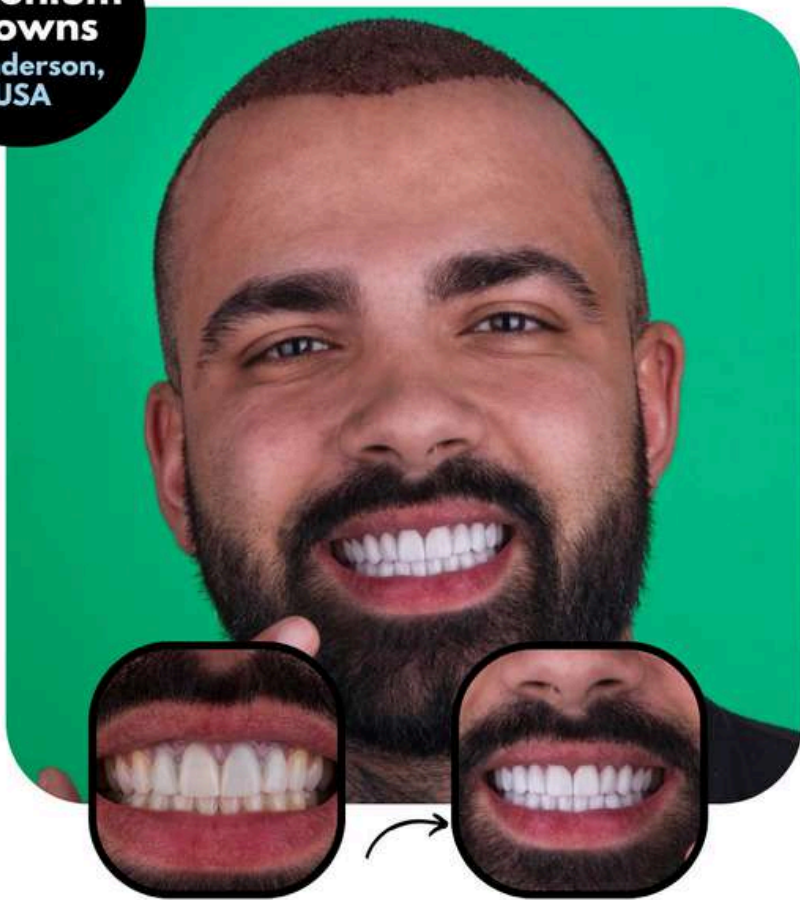


SMILE DESIGN RESULTS

28
Zirconium
Crowns
Svetlana,
Russia



20
Zirconium
Crowns
Wenderson,
USA



Full Dental
Check-Up
Juan,
USA

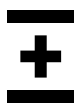


28
Zirconium
Crowns
Hans,
Germany



24
Zirconium
Crowns
Lewis,
UK





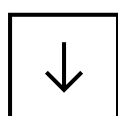
IDEALOFMED DENTAL TESTIMONY



Join us behind the scenes as Cem Arel, the co-founder of IdealOfMeD, gets a teeth whitening with our team firsthand. In this video, witness Cem's journey to achieve a brighter, more radiant smile at our state-of-the-art clinic in Istanbul, Turkey.

As a leader in dental and cosmetic procedures, IdealOfMeD is committed to delivering exceptional results, and Cem's visit further showcase our dedication to providing top-notch care to every client. Watch as our skilled team employs the latest techniques and technology to enhance Cem's smile.

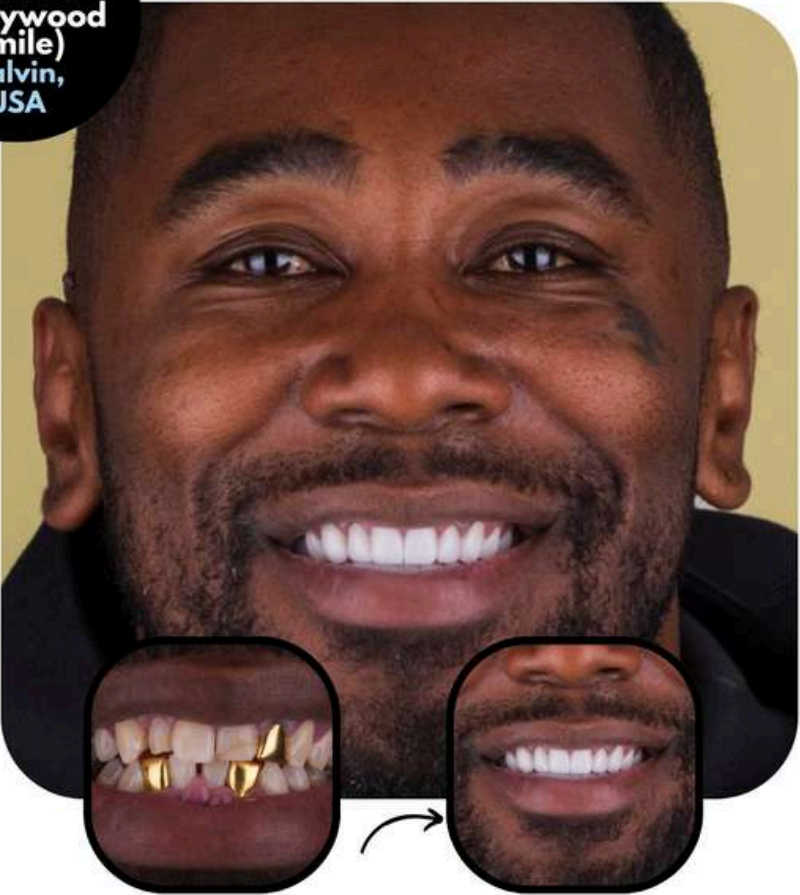
Stay tuned for an inside look at the artistry and expertise that set IdealOfMeD apart as the premier destination for dental excellence.



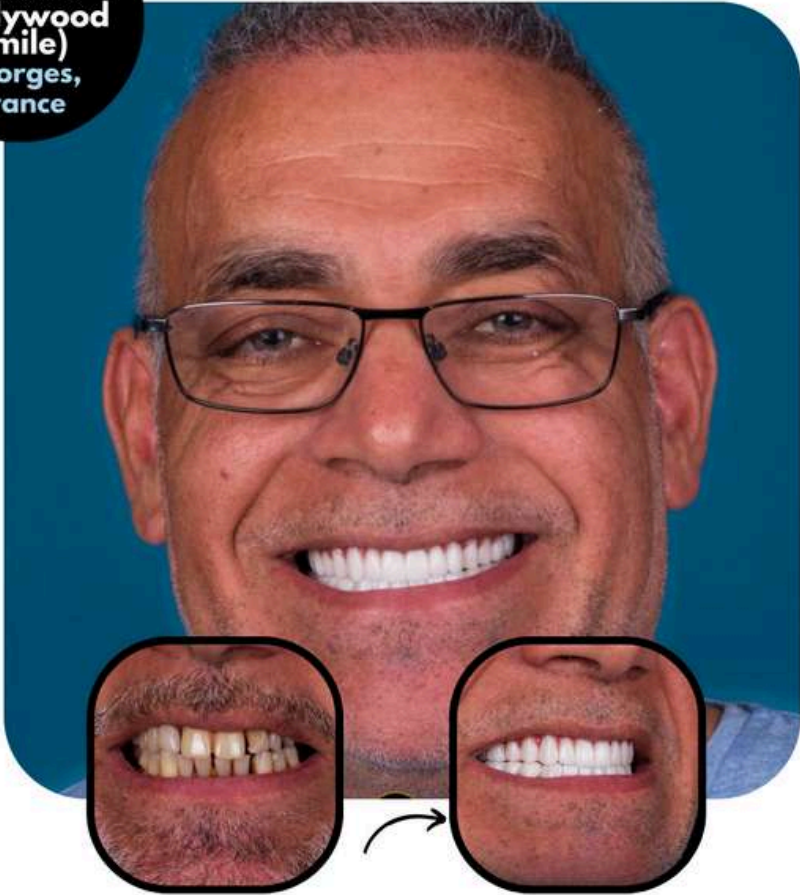


SMILE DESIGN RESULTS

28
Zirconium
Crowns
(Hollywood
Smile)
Calvin,
USA



28
Zirconium
Crowns
(Hollywood
Smile)
Georges,
France



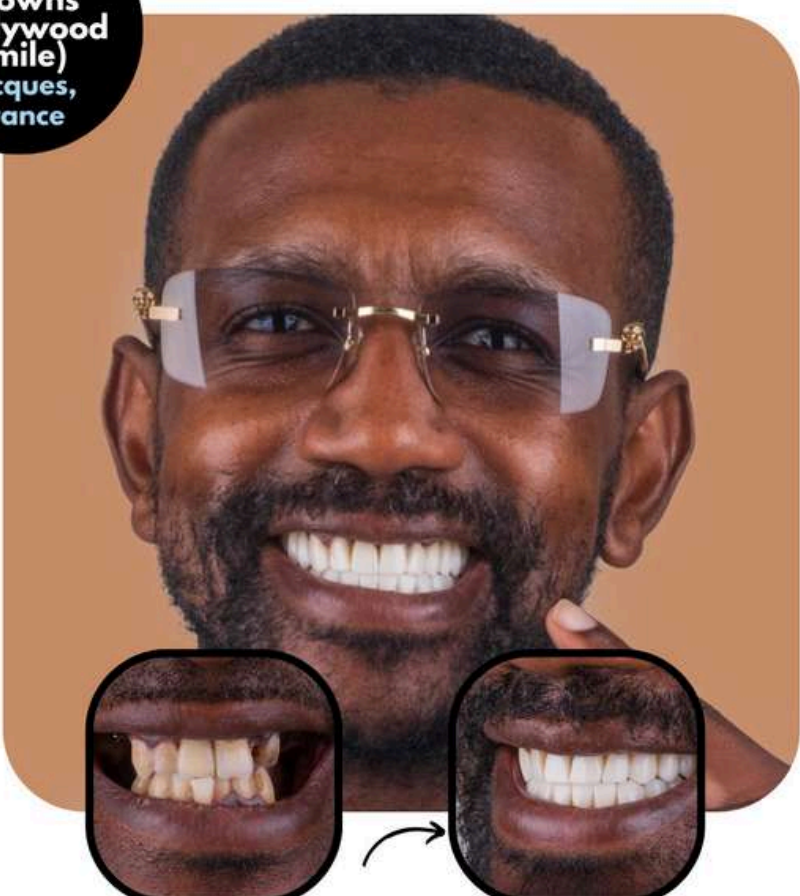
Dental
Whitening
Cem,
Sweden

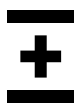


28
Zirconium
Crowns
Antonio,
Portugal



28
Zirconium
Crowns
(Hollywood
Smile)
Jacques,
France





ALL ON 4

ALL ON 4,
ON BOTH
JAWS

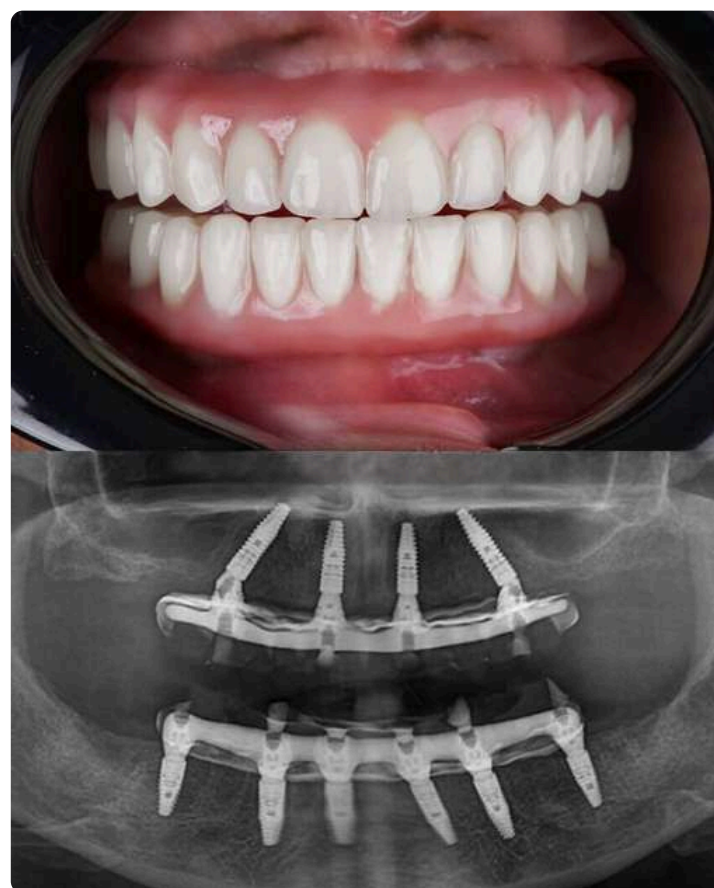


Looking for a quick, permanent fix for missing teeth? Meet **All-on-4**, also known as Same Day Teeth! This game-changing treatment delivers a new set of teeth in just one day, skipping the hassle of removable dentures. Here's the scoop: We plan your procedure carefully using a CT scan, pictured above on the left, (a **3D tomography**

might be taken as well), ensuring the best implant placement for aesthetics and function. On the day, we remove any remaining teeth, place 4 to 6 implants per jaw, and attach a temporary set of teeth. After three months of healing, you'll receive your final bridge—a custom-made set of teeth just for you. Regular check-ups post-treatment ensure your implants and gums stay healthy. With All-on-4, say hello to a confident smile, minus the wait!

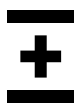
ALL ON 6

Introducing All-on-6 dental implants—a close cousin to the All-on-4 technique, offering a permanent, fixed prosthesis for those with no teeth. Whether you opt for All-on-4 or All-on-6 depends on the space available in your jaw, with All-on-6 accommodating six implants for added stability and support.

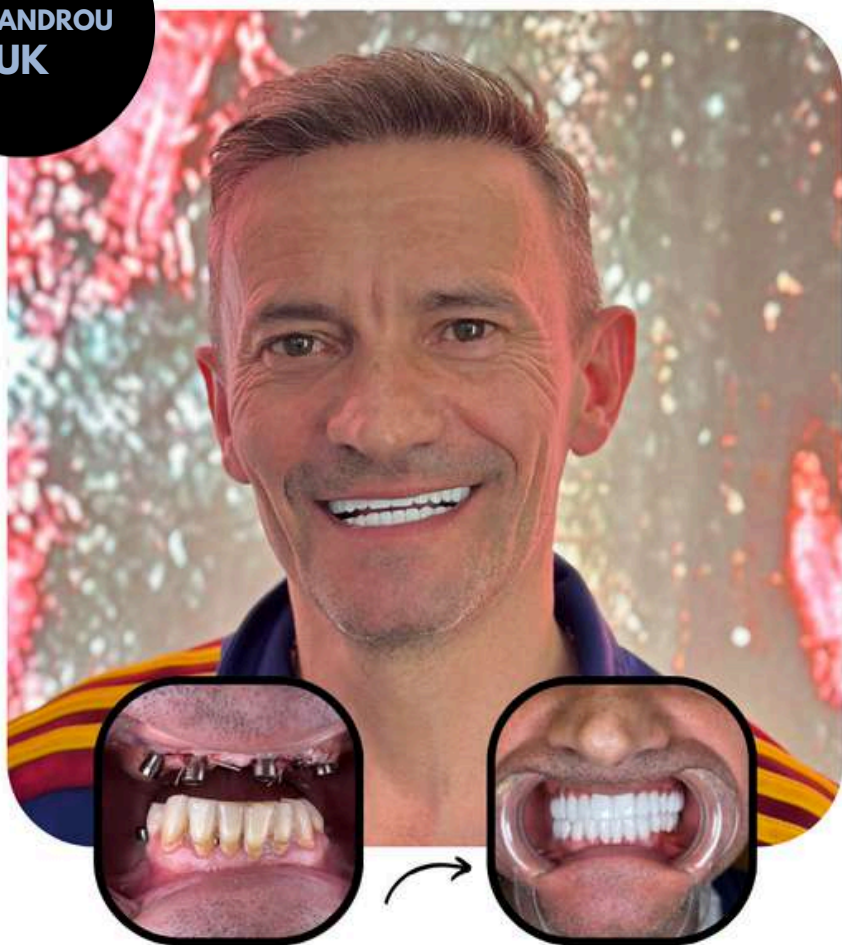


Pictured: All on 4 on the upper jaw, and All on 6 on lower jaw.

After precise radiological imaging and measurements, six dental implants are strategically placed in the jawbone. Then, a custom fixed prosthesis is attached, perfectly tailored to your oral structure.



ALL ON 6
ALEXANDROU
UK



Discover the dramatic makeover of Alexandrou Burla (pictured on the left) who flew to Turkey from the UK, entrusting IdealOfMeD with his smile's restoration through the All-on-6 dental procedure. In the 'before' image, Alexandrou's reserved expression conceals years of discomfort from missing teeth

while the 'after' reveals a radiant smile, thanks to meticulously placed upper and lower implants. IdealOfMeD's commitment to holistic well-being and confidence shines through Alexandrou's journey, showcasing the transformative power of modern dentistry in restoring smiles and self-assurance.

With meticulous precision, IdealOfMeD's team placed four implants in the upper jaw and two in the lower, resulting in a restored smile that not only enhances aesthetics but also restores

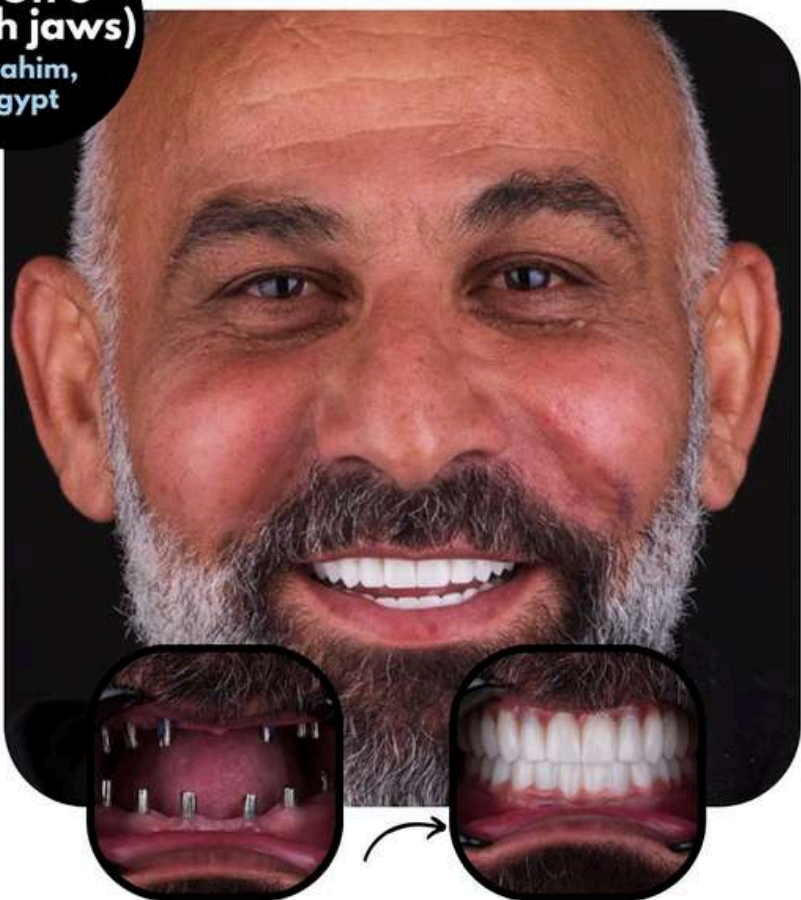


overall function and confidence. Alexandrou's journey serves as a prime example of the transformative power of modern dental techniques, showcasing how they can offer comprehensive solutions for dental restoration and significantly elevate one's quality of life.



DENTAL IMPLANTS: ALL ON 4 & ALL ON 6

All On 6
(both jaws)
Ibrahim,
Egypt



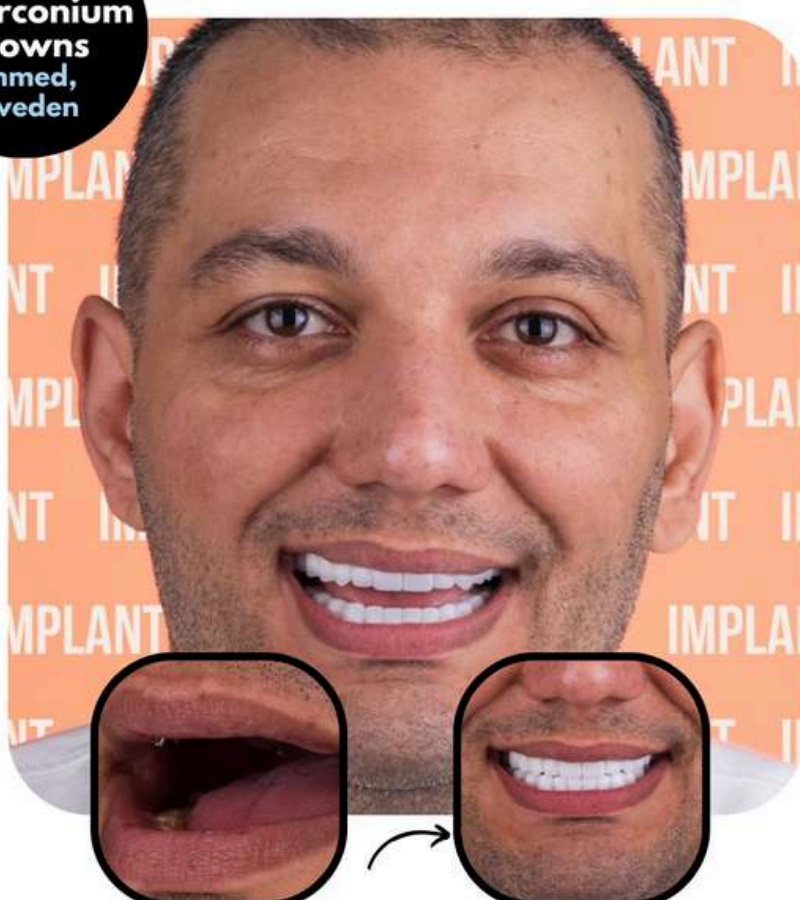
All On 4
&
All On 6
Lucia,
Italy



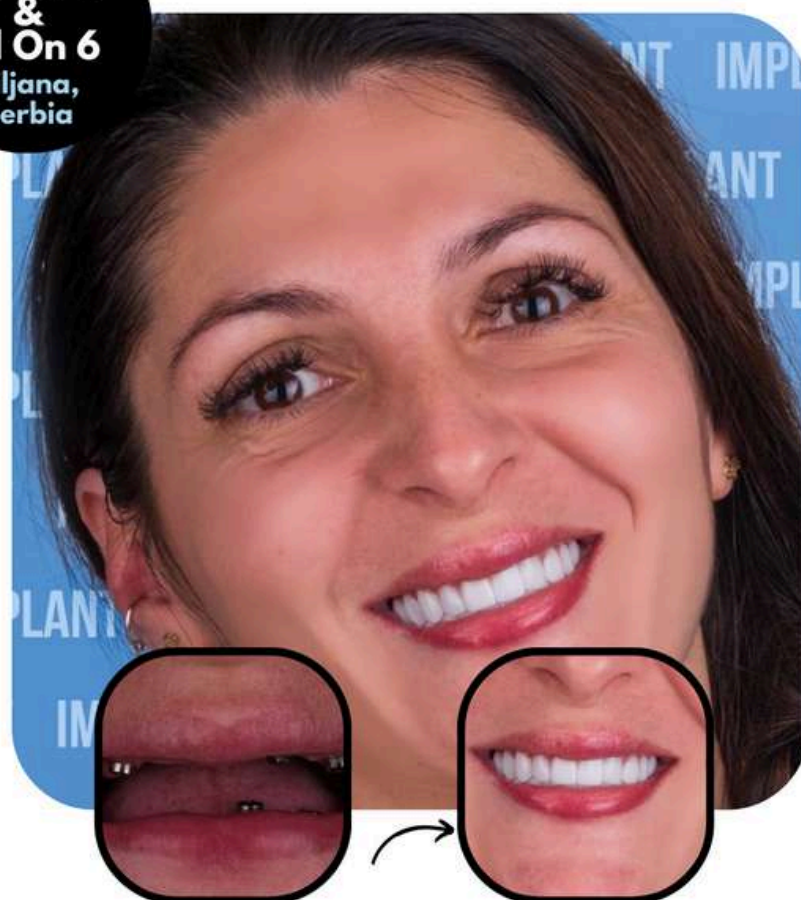
All On 4
&
All On 6
Cristina,
Spain



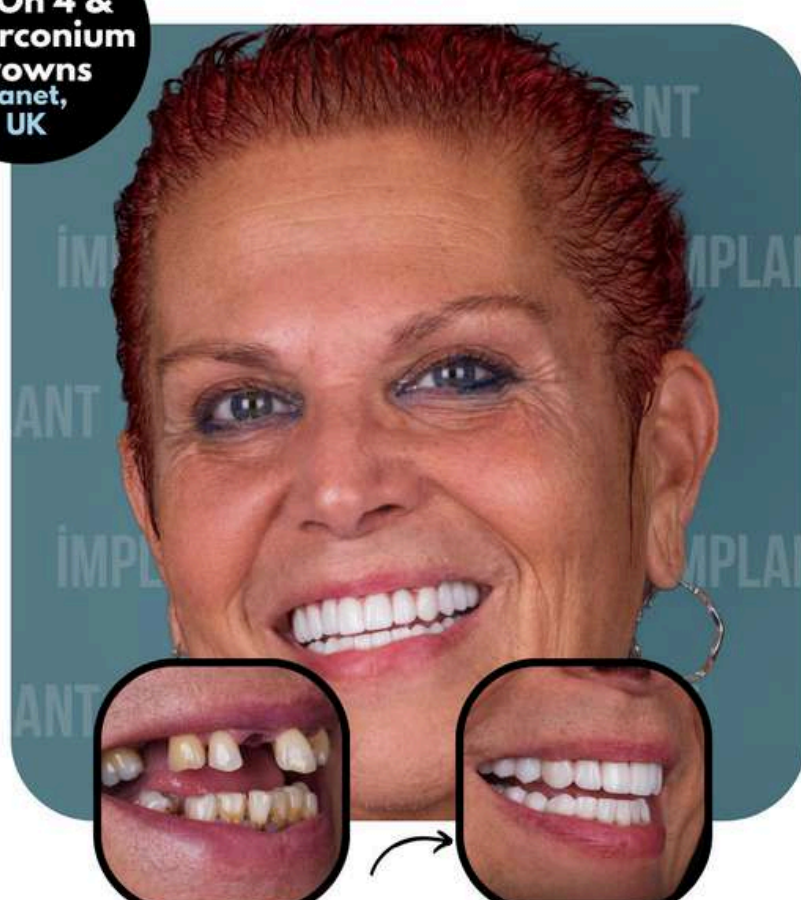
All On 4 &
12 Zirconium
Crowns
Ahmed,
Sweden



All On 4
&
All On 6
Biljana,
Serbia



All On 4 &
10 Zirconium
Crowns
Janet,
UK

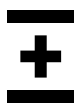


Georges Karademir, from Sweden

Georges, whose journey with us began with a remarkable transformation through a hair transplant procedure, returned to Istanbul and this time opted for three implants and a stunning set of 28 zirconium crowns, meticulously crafted by our skilled dental team. His decision to invest in his and his wife's smiles speaks volumes about the trust and satisfaction he found in our services.

At IdealOfMeD, we're dedicated to not only meeting but exceeding our patients' expectations, delivering transformative results that positively impact their lives. Georges's story is a testament to the comprehensive care and personalized attention we provide to every individual who walks through our doors.





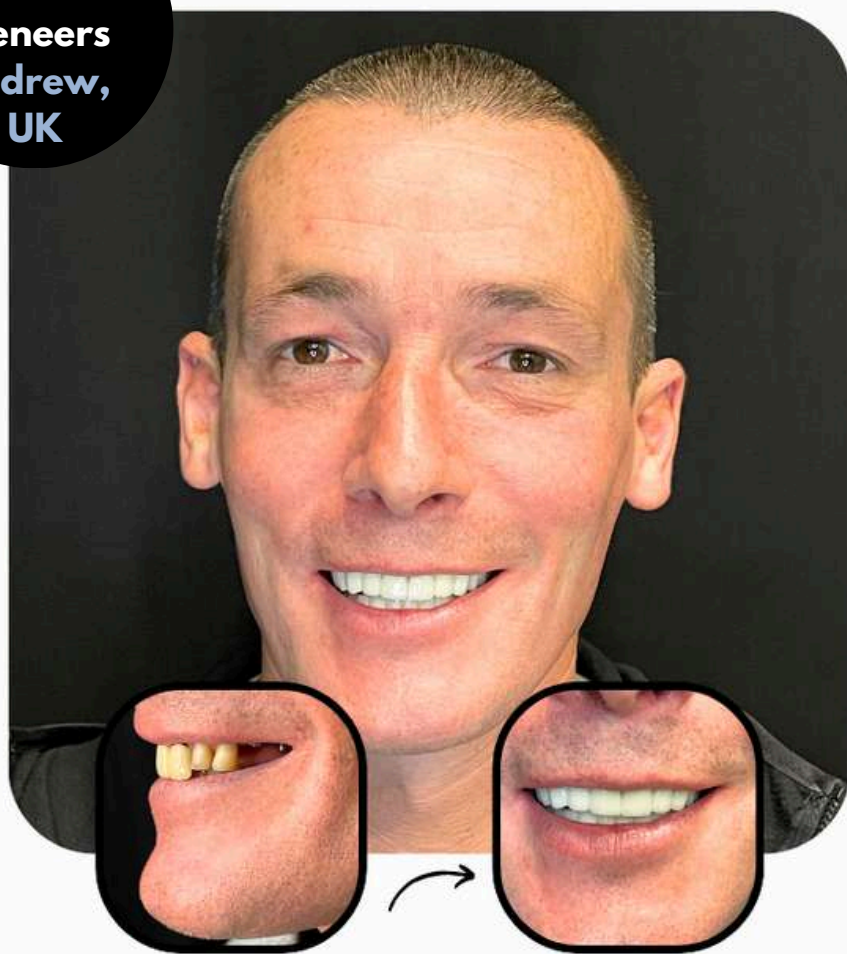
VENEERS

In the quest for a radiant smile, veneers have emerged as a versatile dental treatment. These marvels of modern dentistry not only replicate the natural appearance of teeth but also address a range of issues. At IdealofMeD, we recognize the profound impact of a confident smile, and veneers can truly be a game-changer.

24
Zirconium
Veneers
Gary, IRL



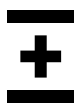
24
Zirconium
Veneers
Andrew,
UK



Veneers are not just about enhancing the aesthetics of your smile; they serve a multitude of purposes. These thin shells of porcelain or composite resin are versatile in their ability to address various dental issues. From filling in noticeable gaps between teeth to repairing small chips or fractures, veneers seamlessly restore the appearance of your teeth.

REJUVENATED SMILE

Gary, pictured on the top right, traveled from Ireland to receive 24 Zirconium Veneers at our IdealOfMeD dental clinic, experiencing a remarkable smile rejuvenation using the **Hollywood Smile technique**. Similarly, Andrew journeyed from London to Istanbul for a complete 180-degree smile transformation.



20
eMax
Veneers
Hussain,
Swe



VENEERS: ZIRCONIUM OR EMAX?

At IdealOfMeD, we prioritize clarity when it comes to choosing between **Zirconium** and **eMax** veneers, both esteemed options in aesthetic dentistry. While both materials offer transformative benefits, nuances in their properties guide our recommendations.

eMax veneers excel in their ability to transmit light, resulting in a remarkably natural and aesthetically pleasing appearance. On the other hand, Zirconium veneers boast superior durability, ensuring long-lasting results.

Moreover, when multiple teeth are missing, Zirconium bridge prostheses emerge as the preferred choice due to their robustness, unlike eMax counterparts, which may lack the necessary resilience for such applications.

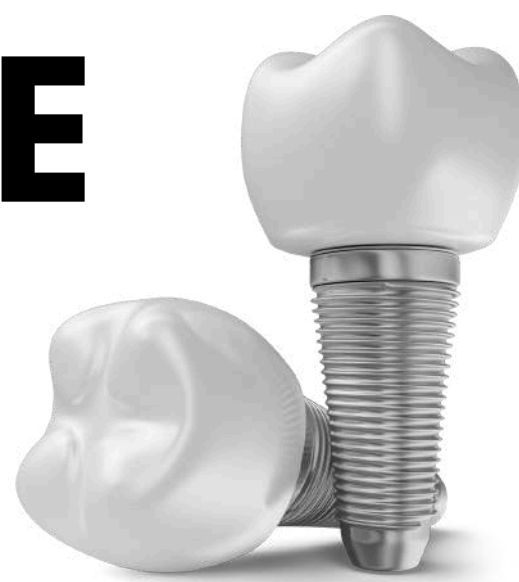
Pictured above is the remarkable transformation of Hussain from Sweden, who entrusted IdealOfMeD with his smile's enhancement through 20 eMax veneers. At IdealOfMeD, we tailor our recommendations to your unique needs, ensuring that your smile not only looks flawless but also stands the test of time.



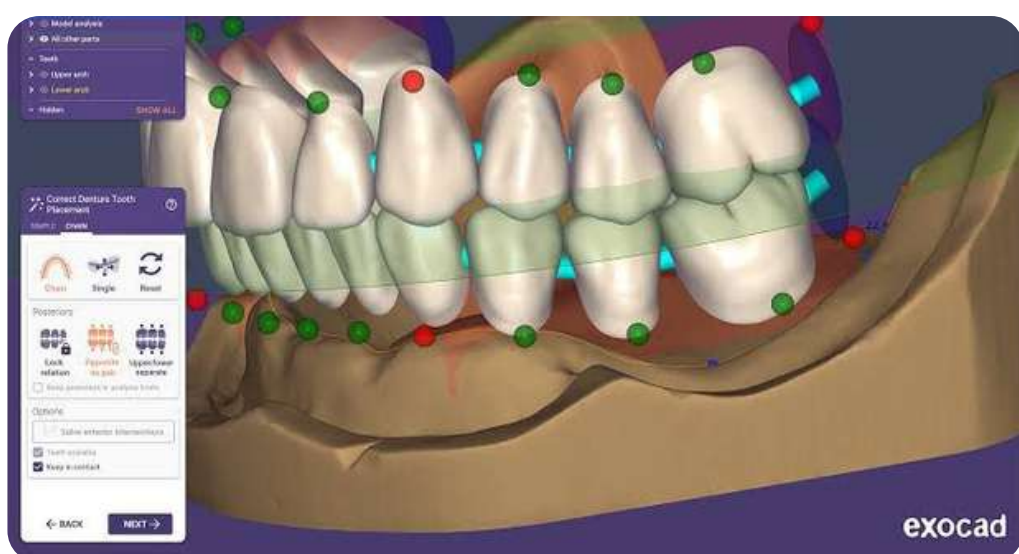
Pictured: Close-up of Hussain's transformation.



DIGITAL SMILE DESIGN AT IDEALOFMED



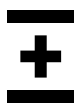
At IdealOfMeD, we believe in harnessing the power of cutting-edge technology to deliver unparalleled precision and excellence in dental care. One such innovation that revolutionizes our approach is **Digital Smile Design** (DSD).



First picture above: Digital dental design software "Exocad"; Second picture above: 3S shape 3D Intelligent scanning

Using state-of-the-art 3D scanning technology, we capture precise measurements of your dental anatomy, laying the foundation for a personalized treatment plan. Our digital workflow seamlessly integrates with **Exocad**, a leading software solution renowned for its accuracy and versatility. Through Exocad, we meticulously design your new smile, considering factors like facial symmetry, tooth proportions, and overall harmony.

Central to our digital workflow is the concept of the '**3S Shape**' – a cornerstone of our methodology. By leveraging digital measurements and advanced algorithms, we tailor every aspect of your smile to achieve the perfect balance between aesthetics and functionality. Whether it's enhancing tooth shape, adjusting alignment, or optimizing color, our digital approach ensures a result that not only meets but exceeds your expectations.



Laser
Whitening
Emma,
UK



COSMETIC DENTISTRY

Teeth Whitening and Dental Bonding are two options for anyone interested in a quick fix for the complexion and overall feel of their teeth.

At IdealOfMeD, we understand the desire for efficient yet effective smile enhancements. That's why we proudly offer advanced Laser Whitening to brighten your smile. Our state-of-the-art treatment swiftly breaks down stains and discoloration, unveiling a noticeably whiter smile in just one session.

With our quick and painless **Laser Whitening**, say goodbye to stubborn stains from coffee, tea, and more. Our **experienced team ensures a comfortable experience**, leaving your teeth several shades whiter and your confidence soaring.



In addition to our advanced whitening treatments, we offer a range of cosmetic dentistry options to suit your needs.

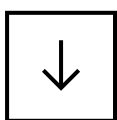
To discover more **about our cosmetic dentistry services** and how we can enhance your smile, click [here](#).



THE BEST DENTIST IN TURKEY

GET YOUR DREAM SMILE IN TURKEY

OUR DENTAL SERVICES



IdealofMeD, Turkey's premier dental clinic, is your key to the sought-after Hollywood Smile. Our range of expert procedures includes teeth whitening, crowns, braces, veneers, implants, and more – everything you need for a stunning smile.

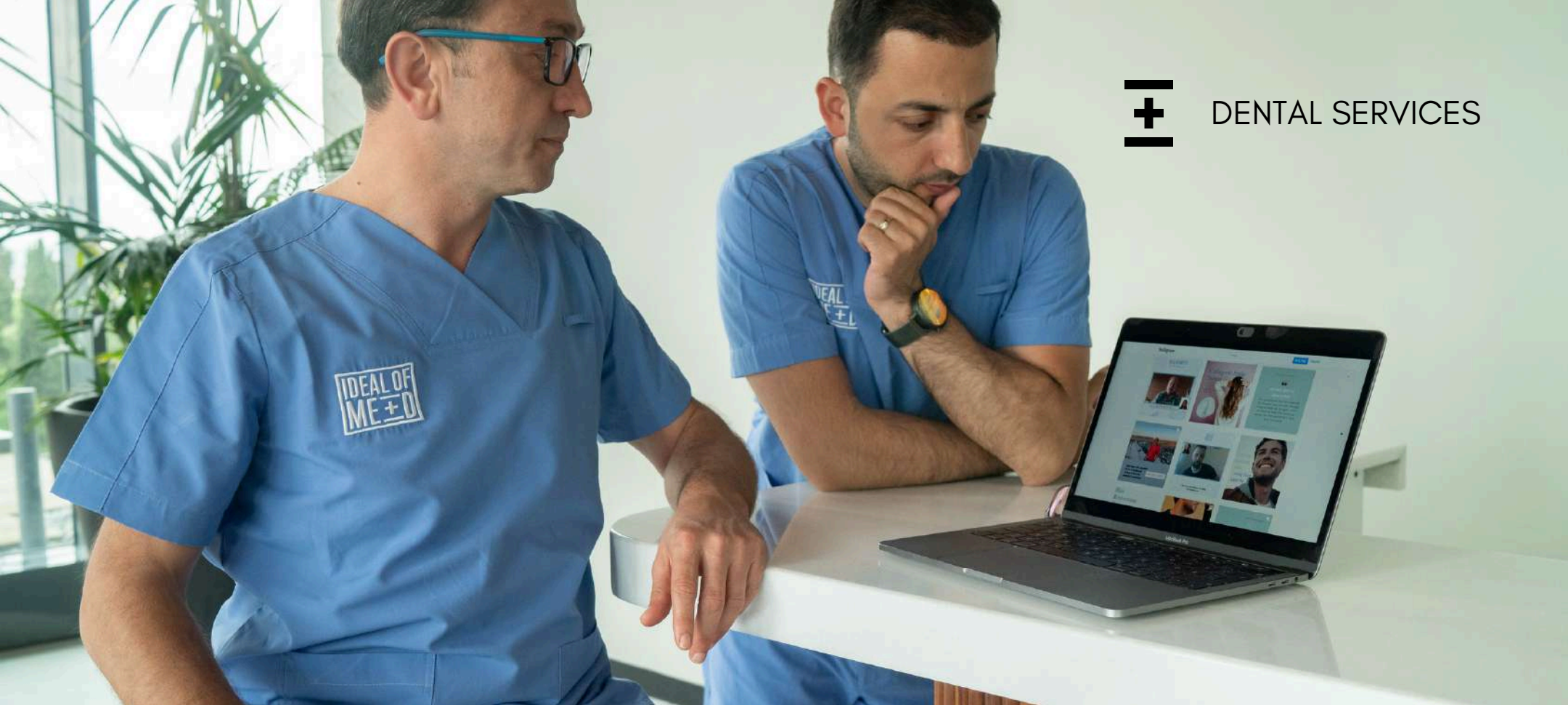


All-Inclusive Packages

Affordable Excellence: At IdealofMeD, we believe in making stunning smiles accessible to all. Our cost-effective solutions bring your Hollywood Smile within reach.

Comprehensive Care: From gum disease correction to managing jawbone conditions, our expert team handles all your dental needs.

Exclusive Packages: Explore our variety of options, like the all-inclusive Dental Treatment in Turkey package. This luxurious offer includes 5-star hotel stays, discounts, premium care products, and VIP transfers for your convenience.



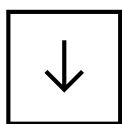
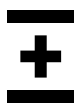
Navigating the costs of dental treatment in Turkey can be overwhelming. When you factor in hotel stays, transportation, and treatment expenses, it can seem daunting. At IdealofMeD, we understand this concern. That's why we offer an all-inclusive Turkey medical tourism package designed to ease the burden on your wallet.

Our package ensures you can focus solely on enjoying your experience while we take care of the rest. Here are the exclusive benefits you'll enjoy with our package:

- VIP Transfer Service
- Luxurious 5-Star Hotel Accommodation
- Complimentary Pre-care and Post-care Products

With IdealofMeD, your dental journey becomes not just affordable, but a delightful experience from start to finish. Leave the planning to us and embark on your journey to a confident smile.





TURKEY'S HISTORY IN DENTAL TREATMENTS



IDEALOFMED: TRANSFORMING SMILES

At IdealOfMeD, we take immense pride in our reputation as a leading provider of premium dental care. Situated in Turkey, our company has become synonymous with excellence in dental implants, offering trans-formative solutions at remarkably affordable rates.



Dental implants are one of our specialties, heralding a new era in restoring smiles and oral health. For those seeking a complete smile makeover or simply restoring dental function, IdealOfMeD in Turkey stands as the ultima-te destination. With a perfect blend of expertise and affordability, we are honored to be your premier choice for dental needs in Turkey.

[READ MORE](#)





ISTANBUL: A HIDDEN GEM OF LUXURY TOURISM

Gastronomic Delights



Sample the diverse flavors of Turkish cuisine at upscale restaurants like Mikla or Sunset Grill & Bar. From traditional kebabs to exquisite seafood, Istanbul offers a culinary journey fit for discerning palates.

Art and Culture



Dive into Istanbul's vibrant art scene at the Istanbul Modern Art Museum or take a private tour of Hagia Sophia, a masterpiece of Byzantine architecture. Don't miss the chance to witness a mesmerising performance of Whirling Dervishes, a unique Sufi ritual.

Ottoman Opulence



Explore the grandeur of the Topkapi Palace, once home to Ottoman sultans. Immerse yourself in the lavish lifestyle of the past with its ornate courtyards and breathtaking views of the Bosphorus.



Luxurious Spa Retreats

Rejuvenate your senses at world-class spas like the Çırağan Palace Kempinski Istanbul. Pamper yourself with traditional Turkish baths, massages, and wellness treatments, surrounded by opulence.



Exclusive Shopping

Discover high-end boutiques in the chic Nisantasi district or browse the Grand Bazaar for exquisite carpets, jewelry, and artisanal crafts. Istanbul offers a blend of modern luxury and ancient treasures for the discerning shopper.

[DISCOVER MORE](#)





FIND US ON SOCIAL CHANNELS

IDEALOFMED IS SOCIAL



CONNECTING YOU TO EXCELLENCE

Step into the world of IdealOfMeD on social media and discover a journey through excellence and transformation. Our Instagram feed is a testament to the life-changing impact of our hair transplants and dental services, showcasing the artistry and precision of our procedures. Follow our stories for an inside look into our advanced clinics and the compassionate care provided by our expert team. You can find us on Youtube and Facebook as well.





#IDEALOFMED

TAG US FOR A CHANCE TO WIN €200*



idealofmed



idealofmed Check my IdealOfMeD Dental Makeover

TAG US



** ONE WINNER WILL BE SELECTED MONTHLY.
PRIZE CAN BE PAID AS A €200 SHOPPING
ALLOWANCE OR €100 CASH VIA PAYPAL.*



KEEP UP WITH OUR BLOG

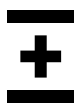
BROUGHT TO YOU BY OUR EXPERTS



DENTAL KNOWLEDGE

HAIR TRANSPLANT KNOWLEDGE

ALL THINGS LONGEVITY, NUTRITION & WELLNESS



THE ROLE OF NUTRITION IN DENTAL HEALTH

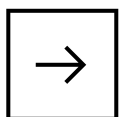
Foods For Healthy Teeth

Did you know that your dietary habits play a significant role in determining the health of your teeth and gums? It's true! Every time you enjoy a meal or snack, you're not just satisfying hunger; you're also influencing the condition of your oral health.

Scientific research has shown that a well-balanced diet, rich in essential nutrients like calcium, phosphorus, and vitamins, is crucial for maintaining strong teeth and healthy gums.

By prioritizing nutritious foods in your diet, you're not only fueling your body but also providing the building blocks necessary for optimal dental health. So, next time you're planning your meals, remember to include plenty of tooth-friendly foods to keep your smile shining bright for years to come.

Let's start with Calcium and Phosphorus: these are essential minerals are not just vital for strong bones; they're also the foundation of your tooth enamel, the protective outer layer of your teeth. By consuming foods rich in calcium and phosphorus, such as dairy products, leafy greens, and nuts, you're fortifying your enamel, making it more resilient against decay and erosion, and ultimately ensuring the longevity of your smile.



[Read the whole article here.](#)



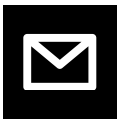


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